



THE JACKPOT IS NOW \$186 MILLION

© 2017 New York Lottery. You must be 18 years or older to purchase a Lottery ticket. Please play responsibly. mylottery.ny.gov



# metro

NEW YORK CITY NO. 1 FREE D

Weekend, July 6-9, 2017 metro.us | t: MetroN



## THE AMAZING 'SPIDER-MAN'

The second reboot is way better than the last one. 16

Andy Samberg's new, hilarious mockumentary. 17

Water the Mets doing with Cespedes? 22



ACCELERATE YOUR FUTURE.

**MCNY salutes  
our veterans!**

To learn more, visit  
[mcny.edu/veterans](http://mcny.edu/veterans).

See below for more details.



ALEXANDER BONDS



# AMBUSHED

As NYC mourns the loss of a respected police officer, new details are emerging about the man who ended her life. 4

NYPD, NYS DEPT. OF CORRECTIONS



TAKE THE  
NEXT STEP.

NEW CAREER



DEPLOYMENT

MCNY is one of the top military-friendly colleges in the nation. Our trained advisors will assist you in maximizing your benefits to earn an accelerated degree. Get your education without restrictions!

Apply today!

Campuses in Manhattan and the Bronx

[mcny.edu](http://mcny.edu) | 877.263.7066



ACCELERATE YOUR FUTURE.

## TRUMP GETS ANOTHER CHANCE WITH ALLIES

**1** President Donald Trump will get a chance to patch up trans-Atlantic ties this week when he meets with NATO allies still rattled by his failure on an earlier trip to embrace the principle that an attack against one member is an attack against all. Trump arrived on Wednesday in Warsaw, Poland, where the White House said he would showcase his commitment to the North Atlantic Treaty Organiza-

tion in a speech and in meetings with a group of nations closest to Russia on his way to the G-20 summit in Germany on Friday and Saturday. "He will lay out a vision not only for America's future relationship with Europe, but the future of our trans-Atlantic alliance, and what that means for American security and American prosperity," Trump's national security adviser, H.R. McMaster, told reporters last week.

## US READY TO USE FORCE ON N.KOREA 'IF WE MUST'

**2** The U.S. warned that it was ready to use force "if we must" to stop North Korea's nuclear missile program but said it prefers global diplomatic action against Pyongyang for its test launch of an intercontinental ballistic missile. U.S. Ambassador to the United Nations Nikki Haley said North Korea's actions were "quickly closing off the possibility of a diplomatic solution" and the United States

was prepared to defend itself and its allies. "One of our capabilities lies with our considerable military forces. We will use them if we must, but we prefer not to have to go in that direction," Haley told an emergency U.N. Security Council meeting. North Korea on Tuesday test-launched an ICBM, which some experts believe has the range to reach Alaska and the Pacific Northwest of the United States.

## 102 SHOT IN CHICAGO OVER HOLIDAY WEEKEND

**3** A total of 102 people were shot in Chicago over the Fourth of July weekend, leaving at least 14 dead, according to police and local media, as the city continues to grapple with gun crime. Police officials counted 71 shooting incidents and 14 murders between 6 p.m. on Friday and early Wednesday, according to data provided by police spokesman Frank Giacamilli on Wednesday. The Chicago Tribune newspaper

tallied the total number of victims shot in those incidents at 101 between Friday afternoon and early Wednesday. Police could not immediately provide the number of victims shot. Gangs were a major source of the violence, Chicago Police First Deputy Superintendent Kevin Navarro said at a news conference on Wednesday. Chicago police deployed 1,300 additional officers to patrol during the Fourth of July weekend.



## MOST US VOTERS SUPPORT LIMITED TRAVEL BAN

**5** Six in 10 American voters support the new ban on people from six predominantly Muslim countries from entering the United States unless they can show they have a close relative here, according to opinion poll results released on Wednesday. The Politico-Morning Consult poll found 37 percent of voters said they "strongly supported" the new U.S. State Department guidelines that would deny visas to citizens of Iran, Libya, Syria,

Somalia, Sudan and Yemen who do not have close relatives in the United States. Another 23 percent of voters said they "somewhat support" the guidelines. The poll was conducted online on Thursday and Friday following a U.S. Supreme Court ruling that partly upheld the ban, with 1,989 registered voters taking part. The poll results' margin of error was 2 percentage points, meaning results could vary that much either way.

## WELCOME TO METRO.US!



KIMBERLY M. AQUILINA, WEB REPORTER  
In January, the Doomsday Clock moved closer to midnight largely based on Trump's words and actions during his campaign. Now, six months in to a Trump presidency, did it move far enough? The editor-in-chief of the Bulletin of the Atomic Scientists explains and gives a rueful "told ya so." [metro.us/news](#)

PLAY TO WIN  
**\$100!**

Every Monday, we pick a random winner from the participants who answered correctly one of the quizzes from the previous week.

[metro.us/quiz](#)

JULY 6 - 16

*Celebrate Summer in Style*

INDULGE  
*in a*  
FREE  
RING, EARRING PAIR *OR*  
LEATHER BRACELET

*With your \$100 PANDORA purchase*

(UP TO \$75 VALUE)



PANDORA®



THE PANDORA STORE AT  
HERALD SQUARE

1284 Broadway, New York, NY 10001  
Between 34<sup>th</sup> & 33<sup>rd</sup> Street • 212.643.9760  
[info@pandora-newyork-heraldsquare.com](mailto:info@pandora-newyork-heraldsquare.com)  
[facebook.com/PandoraNewYorkHeraldSquare](http://facebook.com/PandoraNewYorkHeraldSquare)

THE PANDORA STORE AT  
TIMES SQUARE

110 West 42<sup>nd</sup> Street, New York, NY 10036  
Between Broadway & 6<sup>th</sup> Avenue • 212.273.3267  
[info@pandoranyc.com](mailto:info@pandoranyc.com)  
[facebook.com/PandoraTimesSquare](http://facebook.com/PandoraTimesSquare)

Free PANDORA item must be up to \$75 and in the ring, earring or leather bracelet category only, no substitutions. Upgrades available on rings and earrings. Valid only at participating retailers. Selection may vary by store. Excludes Disney jewelry. Not valid with prior purchases. Spend must be before taxes and exclude gift card purchases to qualify. Limit 3 free items per person. Returns accepted only with the return of the free item, otherwise the value of the free item shown on receipt will be deducted from the amount of the return.



Suspected gunman Alexander Bonds was on parole when he fatally shot NYPD Officer Miosotis Familia in the Bronx. **NYCDOC**

# What we know about Alexander Bonds, the suspect who fatally shot NYPD officer Miosotis Familia

Bonds, who was on parole, fatally shot 12-year NYPD vet Miosotis Familia in the Bronx early Wednesday.



NIKKI M. MASCALLI  
@MetroNewYork  
nikki.mascali@metro.us

The man who fatally shot NYPD officer Miosotis Familia early Wednesday morning had a previous

criminal record and was on parole, sources and officials said, according to the New York Daily News.

Alexander Bonds shot the 48-year-old Familia in the head as the 12-year NYPD veteran sat in a mobile command unit in the Fordham Heights neighborhood of the Bronx. Familia, a mother of three, later died at St. Barnabas Hospital.

Bonds, 34, was shot and killed after he fled the scene on foot and pulled a revolver on officers in pursuit. A bystander was also shot in the melee and is in stable condition, police said.

"It is clear that this was an unprovoked attack on police officers who were assigned to keep the people of this great city safe," Police Commissioner James O'Neill said during a news conference outside St. Barnabas.

NYPD officers lined the street outside the hospital and saluted as Familia's body was taken by ambulance to the medical examiner's office.

**What we know about slain NYPD Officer Miosotis Familia**  
According to her LinkedIn profile, Familia:

- joined the NYPD in

2005 and worked out of the 46th Precinct.

- was a nurse and medical assistant at New York University Hospital from 1999 to 2004.
- was a medical assistant at the Red Cross from 1997 to 1999.
- majored in psychology at John Jay College of Criminal Justice.

## What we know about suspected gunman Alexander Bonds

- Bonds, whose last known address was in the Bronx, had previously assaulted a police officer with brass knuckles, a police source told the Daily News.
- Following a robbery conviction, Bonds served seven years in Attica Correctional Facility before being paroled in 2013. He was on supervised release until May 2018.
- Bonds was paroled after spending nearly seven months at Moriah Shock Incarceration Correctional Facility in connection to a Bronx drug sale conviction.

**Get ahead by getting started.**

**Let's jump-start your retirement planning this summer. Find out more in our seminar, *Preparing for Retirement*.**

**Wednesday, July 12**  
**Manhattan, NY**  
**1 p.m. & 7 p.m.**

\$15/individual • \$25/couple

Seats are limited, so reserve yours today!

**Visit EdelmanFinancial.com/MNY1**  
**or call 866-PLAN-EFS (866-752-6337).**

You'll learn about the key components of a successful retirement plan:

#### **Retirement Accounts and IRAs**

How to manage your investments and generate the income you need during retirement

#### **Social Security**

How to maximize benefits for yourself, your spouse and your children

#### **Estate Planning**

How to ensure your assets are protected and distributed as you want, with no surprises



Officer Miosotis Familia joined the NYPD in 2005. **NYPD, NYS DEPT. OF CORRECTIONS**



We're committed  
to making you smile!

**\$99**  
**FIRST VISIT\***

Includes Exam, X-rays & Cleaning

**\$1,995**  
**IMPLANT SPECIAL\*\***

Includes Implant, Abutment & Crown

**\$995**

**SNAP-ON SMILE SPECIAL\*\*\***

Includes Free Initial Consultation

At Manhattan Dental Arts, we are pleased to offer you and your entire family exceptional dental care. Our professional full-service dentistry paired with our outstanding patient care is a winning combination. Our dentists pride themselves on establishing rewarding and lasting relationships. We pledge excellence in all we do and we are looking forward to helping you make the most of your smile now and for all the years to come.

- General, cosmetic & restorative dentistry
- Dental implants
- Invisalign®
- Crowns & veneers
- Teeth whitening
- Snap-On Smile®
- Emergency same-day dental treatment
- Evening & weekend appointments available

We also provide affordable dental financing options, accept most insurance plans, and offer an in-house discount dental program.

**Call or visit our website today to book an appointment!**

**646.354.7620**

**MANHATTANDENTALARTS.NET**

Manhattan Dental Arts 1995 Broadway, Suite 200, New York, NY 10023



**MANHATTAN DENTAL ARTS**

Home of the Inventor of the  
**Snap-On Smile®**



Must mention offers to receive discount. These offers may not be combined with any other offers, discount, insurance, or reduced-fee program. \*New patients only. Includes comprehensive exam, all necessary X-rays as determined by provider and basic routine cleaning. In the event gum disease is diagnosed, patients will receive \$25 credit toward needed treatment in lieu of cleaning. ADA 0150, 0210, 0272, 0274, 0330, 1110. \*\*Includes exam, all necessary X-rays as determined by provider, implant placement, healing screw, prefab abutment, and porcelain fused to noble metal crown. Custom abutments are additional. Restrictions may apply. Treatment needs may vary by patient. Not valid on previous treatment or treatment already begun. ADA codes may include 0150, 0210, 0272, 0274, 0330, 6010, 6199, 6056, 6058. \*\*\*Includes free initial consultation. Restrictions may apply. Treatment needs may vary by patient. Not valid on previous treatment or treatment already begun. The above-listed practice complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. All offers expire 60 days after receipt.



The 3100 bus from 1956 was the first air conditioned bus in New York City. PATRICK CASHIN

# Visit the past during the Transit Museum's Vintage Bus Bash

*NOW is the time to take care of YOUR BODY!*

- Varicose Veins
- Leg Ulcers
- Spider Veins
- Pain/Burning
- Restlessness
- Heaviness
- Swelling
- Itching
- Fatigue
- Cramping

*Frustrated with previous treatments, services and poor results?*

*Trust the doctor that cares about you!*



- **Personal** & discrete care delivered directly Ronald Lev, MD
- **Certified** by the American Board of Venous and Lymphatic Medicine and the American Board of Anesthesiology
- **No downtime**
- **15 minute** minimally invasive procedures
- **Consistently** ranked #1 Vein Doctor in NYC by our patients

**Tired of long diets, juice cleanses & lotions?**

**Smart Lipo Laser Body Countouring**

**GET RID OF...**

- Body Fat
- Sagging Arms
- Double Chin
- Cellulite & more



**ADVANCED VARICOSE VEIN TREATMENTS OF MANHATTAN**  
TreatmentsofManhattan.com  
DRLEV@TREATMENTSOFMANHATTAN.COM

**212.204.6501**

**Most Vein Treatments Covered by Major Health Insurances including Medicare**

**NEW MIDTOWN LOCATION**  
369 Lexington Ave.,  
Suite 18A (bet 40th & 41st St),  
New York, NY 10016  
close to 4, 5, 6, 7, S, F and  
Metro North

111 John St, Ste 1450  
(Bet Cliff & Pearl St),  
New York, NY 10038

**EVENING APPOINTMENTS AVAILABLE!**  
¡Hablamos Español!

Four buses from yesteryear will be open for exploration on Governors Island this weekend.

 **NIKKI M. MASCALI**  
@MetroNewYork  
nikki.mascali@metro.us

New Yorkers flocking to Governors Island this weekend will get to see a blast from the past — actually, four of them.

The New York Transit Museum is bringing four vintage buses to the East River island for the first Bus Bash since 2015. From 11 a.m. to 4 p.m. on Saturday, the buses, which include the first ones to have air conditioning and sliding windows, will be open for exploration on Colonels Row.

**Metro:** Which bus that will be on display is your favorite, and why?

**Shaelyn Amaio,** the Transit Museum's producer of public programs and community engagement:

All four of the buses we're bringing to Governors Island are wonderful, but my favorite is Bus 100. It went into service in 1959 and premiered the "New Look" style with a fishbowl windshield that gives it a really fun vibe. The "New Look" style stuck around until 1980, when buses became boxier. I can't wait to see the teal color scheme against the brick buildings on Colonels Row.

**How will the buses get to Governors Island?** Since there aren't any bridges to Governors

Island, the buses will be taking the ferry on Saturday morning — just like the people who'll be visiting the buses during the day. We have to take precise measurements of our buses to make sure that the selection we choose for the event will fit on the ferry.

**What goes into making them road ready?**

The buses are tuned up and cleaned so they're ready to travel. The Department of Buses also has to plan the logistics of getting the buses to the location, including plan-

*"All four of the buses we're bringing to Governors Island are wonderful, but my favorite is Bus 100."*

Shaelyn Amaio

ning a route to minimize the difficulty of navigating and the chances of getting stuck in traffic.

**Can any MTA driver get behind the wheel of one of these vintage buses?**

Each vintage bus has its own quirks and challenges, so they each have drivers who know them best. Many of the buses do not have power steering, which makes navigating city streets — and getting on and off ferries — difficult.

*For more info about Bus Bash, visit nytransitmuseum.org.*

# SUMMER SPECIAL



**\$595\***  
Implant

\*Must be completed at our office to qualify for promotional fees

Complete tooth replacement  
with post and crown

**\$1295\***

**OFFER  
EXPIRES**  
**07/15/2017**

\*All work must be completed at Elite Dental Implants  
to qualify for promotional fee of \$1295 for Complete Tooth  
Replacement. Limit 3 implants per patient.  
Full payment due upon commencement of treatment.

## Elite Dental Implants



**Manhattan Location**  
50 Broadway Suite 2001  
New York, NY 10004

**3 Convenient  
Locations**

*Speak with your  
Smile Today!*

New Queens Location  
30-80 21st Street Suite C1,  
2nd Floor,  
Astoria, NY 11102

**Long Island Location**  
601 Franklin Ave Suite 100  
Garden City, NY 11530

**FREE CONSULTATION**  
REPLACE MISSING TEETH PERMANENTLY

*Must bring this ad  
on your first visit.*

**646-791-8075**

[EliteDentalImplants.com](http://EliteDentalImplants.com)

**CALL**

**Se Habla Español**

Mention you saw us in Metro Newspaper

**TODAY!**



Amtrak will reroute trains to Grand Central during the "summer of hell" at Penn Station. ISTOCK

## Suffering From Fibroids?



- Heavy Bleeding
- Bleeding Between Periods
- Bloating, Protruding Belly
- Pelvic Pain
- Reproductive Dysfunction
- Constipation
- Frequent Urination

### Uterine Fibroid Embolization (UFE)

is the latest state-of-the-art treatment for fibroids. The treatment is a minimally invasive, non-surgical procedure with a short recovery and no hospitalization.

**USA FIBROID CENTERS**

[WWW.USAFIBROIDCENTERS.COM](http://WWW.USAFIBROIDCENTERS.COM)

**Covered by Health First & Most Insurance Plans**  
**(718) 504-6414**

**QUEENS**  
116-02 Queens Blvd Forest Hills, NY 11375

**E F M R**  
30-33 Steinway Astoria, NY 11103

**LONG ISLAND**  
260 Sunrise Highway #102 Valley Stream, NY 11581

**MANHATTAN**  
122 Fulton St #500 Manhattan, NY 10038

**A C J Z 2 3**  
1264 St. Nicholas Ave Washington Heights, NY 10026  
168 St **A C 1**

**BRONX**  
5221 Broadway Bronx, NY 10463

**1**  
384 E 149th St # 201 Bronx, NY 10455

**2 5**  
2444 86th St Ste A Brooklyn, NY 11214

**D**  
924 Flatbush Ave Brooklyn, NY 11226

**Q B 2 5**  
2965 Ocean Pkwy #200 Brighton Beach, NY 11235  
**Q B**

## Amtrak to reroute 6 trains to Grand Central during Penn Station repairs

The "summer of hell" changes go into effect July 10 on Amtrak's Empire Service.

  
NIKKI M. MASCALI  
@MetroNewYork  
nikki.mascali@metro.us

In order to offset the "summer of hell" repair work set to begin at Penn Station next week, Amtrak announced it will reroute some trains to Grand Central Terminal.

Six Empire Service trains — 230, 233, 235, 236, 239 and 242 — will stop at Grand Central instead of Penn Station from July 10 to Sept. 1, Amtrak said on its website. Empire Service runs between New York City, Albany, Syracuse, Rochester, Buffalo and Niagara Falls.

The 230, 236 and 242 trains will operate weekdays from Albany and terminate at Grand Central, while 233, 235 and 239 will originate at Grand Central during the week.

Commuters should visit Amtrak.com or its mobile app for the complete schedule information, as Amtrak employees will not be available at Grand Central, the company said. Additionally, customers will need to make their own arrangements to travel between either

station, which are a little more than a mile apart.

The rerouting is due to Amtrak closing several of Penn Station's 21 tracks at a clip to repair aged and neglected rail infrastructure used by New Jersey Transit and the Long Island Rail Road into the transit hub on the Amtrak-owned tracks.

The beleaguered station is the busiest rail terminal in the country, serving more than 650,000 commuters each day via more than 1,300 weekday trains.

The work comes on the heels of two recent derailments and a train breakdown, all of which caused chaos for commuters who arrive and depart from Penn Station.

When Amtrak initially announced the two-month work schedule, New York Gov. Andrew Cuomo said it would create a "summer of hell" for commuters at the station.

New Jersey Transit announced its service changes last month, and the LIRR will see a 20 percent reduction in its evening rush-hour service while 12 trains have been either canceled or rerouted to Jamaica Station in Queens or Atlantic Terminal in Brooklyn during the morning commute.

# Trump and Putin will meet for the first time at G-20

Metro investigates what to expect from the upcoming encounter scheduled for Friday, July 7.



FELIPE HERRERA  
AGUIRRE, MWN  
[letters@metro.us](mailto:letters@metro.us)

Donald Trump and Russian President Vladimir Putin, whose long-distance relationship has already sparked months of speculation and controversy, will finally meet face-to-face this July 7. Both leaders have a lot to discuss, including disagreements over Ukraine, Syria, nuclear weapons and allegations of Moscow's interference in the 2016 U.S. election.

The only confirmed information is that the two presidents will be together at the summit of Group of 20, which brings together leaders of the major industrialized countries, in Germany.

"Relations between the two largest nuclear powers further deteriorated after Trump was elected as president because of the changes of Russian interference in the U.S. elections and continuing divisions between both countries concerning conflicts in Syria and Ukraine," Ivan Katchanovski, a political scientist at the University of Ottawa, Canada, explained to Metro during a Q&A interview.

**It will be the first time Trump and Putin meet face-to-face. What can we expect?**

A major breakthrough in the U.S.-Russian relations, and on such issues as the conflicts in Syria and Ukraine, is possible but not very likely at this meeting. This is the first meeting between Trump and Putin, and its relatively brief format on

the sidelines of the G-20 summit doesn't involve detailed negotiations and discussions.

**What important issues could they possibly talk about?**

The Kremlin announced that both conflicts in Syria and Ukraine would be discussed. However, other issues might also be raised, specifically, by Trump. They include North Korea and trade issues. It is unclear if [Trump] would bring the charges of reported Russian government interference in the last U.S. presidential elections. This issue has been propelled into the top issue of the U.S. domestic politics by American politicians, media, intelligence agencies, and not the least anonymous intelligence and government officials who disseminated various "kompromats" against Trump.

**How could the meeting solve problems in relationship between two countries?**

The U.S. and Russian leaders have opportunity and ability to begin defusing and resolving the armed conflicts in Ukraine and Syria. The current conflict between these two nuclear powers started because of the conflict in Ukraine and escalated because of the conflict in Syria. However, there are fundamental divisions concerning the nature of these conflicts which makes their resolution difficult. Specifically, the U.S. government denies that the conflict started with a violent overthrow of the Ukrainian government by means of the Maidan massacre and that there is a civil war in Donbas, even though academic studies by Western scholars, including my own, show this.



Few details have been revealed about the upcoming meeting between Vladimir Putin and Donald Trump. GETTY IMAGES

## Redefining Wellness.

# VILLAGE CARE

A leader in New York City  
health and wellness for over 35 years.

**(877) 822-7369**

[www.villagecare.org](http://www.villagecare.org)



# Demand Soars At NYC Medical Clinic

## Can This Medical Technology Possibly Eliminate Or Reduce Back & Neck Pain?

**NYC Pain MD is a medical clinic with two locations in New York City that has made a name for itself by treating the worst cases of back or neck pain.**

**Here is what every back and neck pain sufferer who has failed to respond to other treatments and does not want surgery should know about one of the best treatment options available today for severe back and neck pain including when, why and where you should consider this treatment to get maximum results.**

If you suffer with back, neck or nerve pain, you have probably already tried *many* treatments ... especially countless pain medications.

Experienced doctors understand that even though pain medications such as anti-inflammatory pain pills are part of the recommended early treatment plan for back pain... they are rarely the answer.

In most cases they have minimal, short term results (if any) and have a laundry list of potential side effects. Some being serious and even life threatening.

### Are there any better options?

Thankfully, advancements in science and technology come extremely fast. And now there is very good option to help relieve the pain.

*An option that a lot of back and neck pain sufferers may have never heard of before.*

Before we get into these

treatments, please understand this...

*NYC Pain MD* is a REAL medical clinic that has treated the worst cases of back pain. Patients travel from all over to be treated at one of their clinics for all sorts of joint and muscle pain because they want the best medical treatments available.

What you are about to discover is a REAL medical treatment. Not some miracle cure you see on infomercials or on the internet.

**Know this fact:** There is no one treatment that will help every case of back pain. And we cannot guarantee this treatment will work for you. But this treatment has already helped countless back and neck pain sufferers who had given up hope. I bet many just like you.

What is this treatment? It's called...

**Radiofrequency Neurotomy**  
"Radiofrequency Neurotomy" is often referred to as RF for short. Just what is "RF".

RF is a procedure that is based on the concept that blocking the nerve supply to the painful area may alleviate pain and restore function.

There are many nerves around your spine and one of their jobs is to sense PAIN.

Radiofrequency waves are delivered to these nerves under advanced imaging to "block" the nerves and slow down the pain

Two procedures are performed. First, a test, diagnostic "Block" procedure is done to determine if the procedure is going to decrease

pain and improve function.

If this first "test" procedure is successful, the Radio Frequency Neurotomy is scheduled and performed for longer term relief.

### What Results Can You Expect?

Like all real medical procedures... results vary for individual patients. No good and ethical doctor would guarantee any exact results for any procedure... that's just not how things work and it would be less than honest.

That's being said, it is not uncommon for patients to get complete, if not significant relief of their pain shortly after the treatment.

### How Long Do The Results Last?

This procedure "impacts" the nerves pain signals... it does not destroy them. Therefore, the results are safe but not completely permanent. But, many patients get relief for 6 months... 12 months.... 18 months for some even longer. The great news is - another procedure can be safely preformed for more relief if necessary.

While we cannot claim this is a complete "permanent cure" ... it can be a godsend for so many who were in constant pain.

Really... what would it be worth if you could get out of pain for long enough so you could start enjoying your everyday life again?

Would it be worth it to be

able to finally get a good night's sleep again?

How about being able to go for a simple walk or just do your basic daily chores without worrying about so much pain?

### Is It Safe?

Yes. This procedure has been done countless times and continues to have an excellent safety record. It is minimally invasive and is *not surgical*.

### Who Should Try This Treatment?

RF should be considered after other treatments, such as anti - inflammatory pain medication and physical therapy do not offer good enough results.

**RF has also been found effective AFTER back surgery when patient's still feel pain.**

*The pain after a failed back surgery can be debilitating for some and this procedure may be the only thing that helps give you relief.*

### What To Do Next If You Are In Pain And The "X" Factor

Here is the "X" factor many do not consider that might be the difference between you getting the best possible treatment or not.

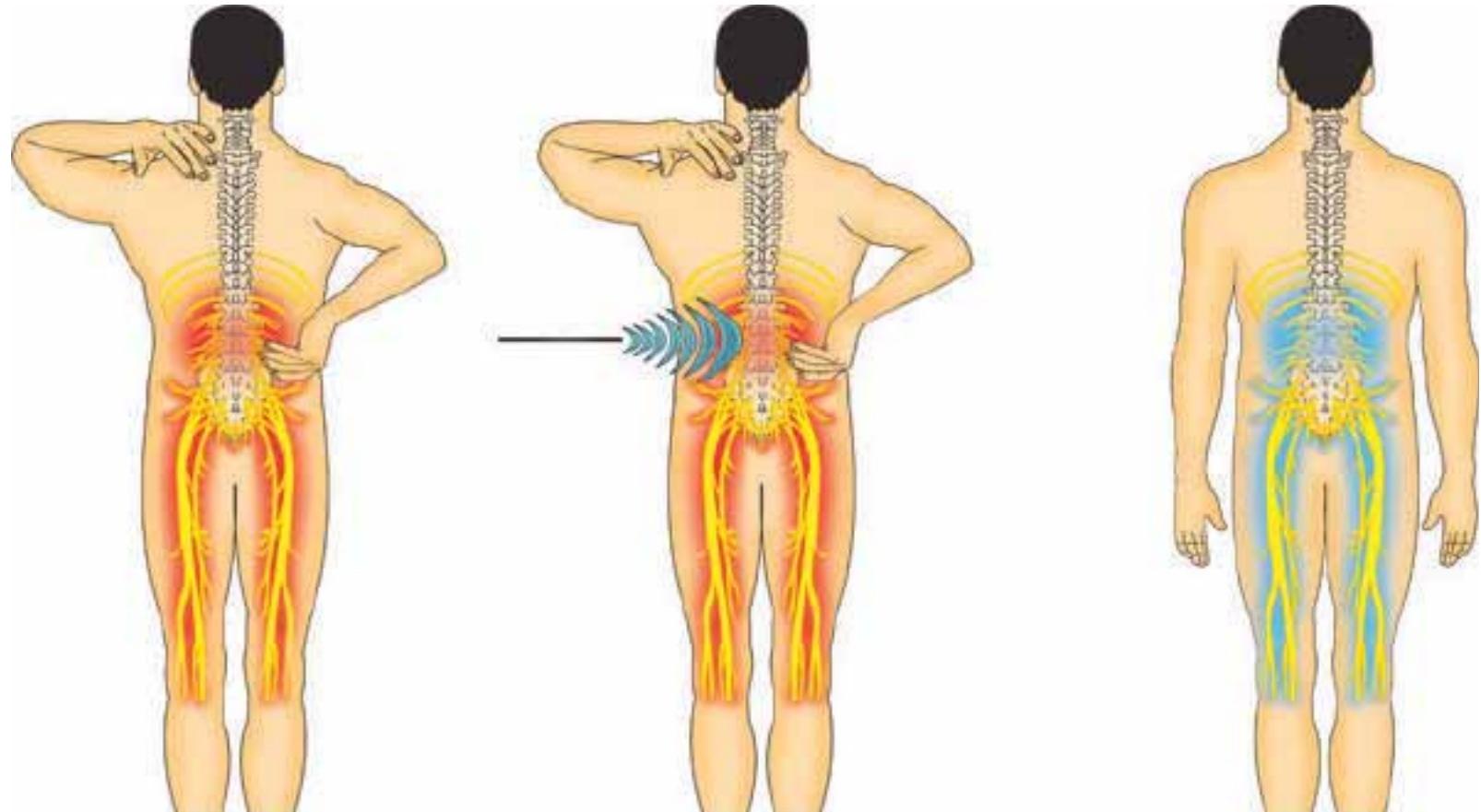
Many experts suggest choosing a medical clinic that offers all these treatments and has the proper, most advanced technology all under one roof without the need for a surgical center or hospital.

### Major Savings In Time And Costs Of Care?

*c For Promising Back Pain Treatment*

**• Greatly Reduce Even The Most Severe Back Pain...**  
*w - No Matter How Bad The Pain Is Or How Many Other Treatments Have Failed*

## **Advanced Treatment Uses Radio Frequencies To Relieve Serious Neck & Back Pain**



**Science rescues back & neck pain sufferers?:** Radio Frequency Waves are used to block the nerve supply to the painful area and may alleviate pain and restore function to many

*NYC Pain MD's method allows you to avoid expensive hospital or out patient surgery-center facility fees which often run 3 to 4 times the cost of the procedure itself. And you don't have to go through the huge stress and time consuming process of going all over the city to outside centers. All the NYC Pain MD treatments can be done in our in-office procedure suites saving you stress, time and dollars.*

*NYC Pain MD believes this*

additional "X" factor is one of the reasons so many back pain sufferers travel from all over to be treated at their advanced medical center.

### **Your Invitation**

*NYC Pain MD offers limited number of complimentary back and neck pain screenings every month. These screenings are a way for pain sufferers to get some of their questions answered and see if they are candidate for one of the cutting-*

*edge treatments offered at NYC Pain MD. If you would like complimentary screening, just call 877-503-8540 and tell the scheduling co-ordinator who answers the phone, "I would like a complimentary back pain screening."*

*The screenings fill up fast every month. If you do not call in time to get one this month, the expert will schedule you for next month.*

*This screening is at no cost and*

*no obligation.*

*Many of the treatments offered are covered by many insurance plans an traditional medicare.*

*Call 877-503-8540 for your free screening and find out if you can get out of pain today*

**NYC PAIN MD**  
*"Non Surgical Medical Relief For Spine & Joint Pain"*

# Bill Gates predicted Facebook, LinkedIn and annoying internet ads 18 years ago

So where's he hiding his crystal ball?



LINNEA ZIELINSKI  
@MetroNewYork  
letters@metro.us

Investing your money based on Bill Gates quotes might not be the worst idea out there.

Turns out, the billionaire businessman has a gift for predicting the future of technology — which, in our app-addicted age, means he can foresee almost anything. Sure, no one has as much insight into burgeoning advances than the people working to anticipate consumer needs, but he still has an eerily accurate eye for the future.

Gates' quotes prove he accurately predicted technologies that we use today, according to a list published by Busi-

ness Insider. Though some are still in early adoption phases, they show no signs of dropping out of the digital marketplace as failed forays into tech innovation.

Check out these Bill Gates quotes that should be revised to "called it" about modern technologies you use every day:

#### Mobile devices

"People will carry around small devices that allow them to constantly stay in touch and do electronic business from wherever they are. They will be able to check the news, see flights they have booked, get information from financial markets, and do just about anything else on these devices."

#### Social media (like Facebook)

"Private websites for



Bill Gates has an uncanny ability to visualize the future. GETTY IMAGES

your friends and family will be common, allowing you to chat and plan for events."

#### Interest-based sites (like Reddit)

"Online communities will not be influenced by your location, but rather, your interest."

#### Smart advertising

"Devices will have smart advertising. They will know your purchasing trends, and will display advertisements that are tailored toward your preferences."

#### Online recruiting (like LinkedIn)

"Similarly, people looking for work will be able to find employment opportunities online by declaring their interest, needs and specialized skills."

#### Price comparison sites

"Automated price comparison services will

be developed, allowing people to see prices across multiple websites, making it effortless to find the cheapest product for all industries."

#### Automated promo offers

"Software that knows when you've booked a trip and uses that information to suggest activities at the local destination."

#### Home monitoring

"Constant video feeds of your house will become common, which inform you when somebody visits while you are not home."

#### Live sports discussions

"While watching a sports competition on television, services will allow you to discuss what is going on live, and enter a contest where you vote on who you think will win."

## CUNY IN THE HEIGHTS

DIVISION OF CONTINUING EDUCATION & WORKFORCE DEVELOPMENT



FALL 2017

# OPEN HOUSE

## *Save the Date!*

SATURDAY 9/16  
THURSDAY 9/21

11AM to 3PM  
5:30PM to 8PM

SATURDAY 9/30  
WEDNESDAY 10/4

11AM to 3PM  
5:30PM to 8PM

Come #MeetTheHeights



T: (212) 567-7132

cunyintheheights@hostos.cuny.edu

# Painful Varicose Veins and Swollen Legs?

**FLATBUSH LOCATION NOW OPEN**



**Are you or a loved one suffering from the following symptoms?**

- |   |   |
|---|---|
| <input checked="" type="checkbox"/> Varicose Veins      | <input checked="" type="checkbox"/> Swollen Legs        |
| <input checked="" type="checkbox"/> Spider Veins        | <input checked="" type="checkbox"/> Skin Discoloration  |
| <input checked="" type="checkbox"/> Itching and Burning | <input checked="" type="checkbox"/> Leg Ulcers          |
| <input checked="" type="checkbox"/> Leg Pain            | <input checked="" type="checkbox"/> Blood Clots         |
| <input checked="" type="checkbox"/> Leg Cramps          | <input checked="" type="checkbox"/> Difficulty Standing |



*We specialize in a wide range of treatment options including care of Peripheral Artery Disease (PAD) and wound care.*

**Covered by Medicare, Medicaid, and most insurance plans**

**Don't suffer another day! Call us now!**

**(917) 717-5135**



[www.USAVeinClinics.com](http://www.USAVeinClinics.com)  
© February, 2017 USA Vein Clinics®. All rights reserved.

## NEW YORK

### Manhattan

1153 1st Avenue, Manhattan, NY 10065 [2](#) [3](#) [Q](#) [R](#) [W](#)  
122 Fulton Street, Ste 500 New York, NY 10038 [A](#) [C](#) [J](#) [Z](#) [2](#) [3](#)  
4159 Broadway, New York, NY 10033 [A](#) [C](#) [1](#) [4](#) [5](#) [6](#)

### NEW ST NICHOLAS OFFICE

1264 St. Nicholas, Washington Heights, NY 10026 168 St [A](#) [C](#) [1](#)

### Brooklyn

#### NEW FLATBUSH OFFICE

924 Flatbush Ave, Brooklyn, NY 11226 Church Ave [Q](#) [B](#) [2](#) [5](#)  
2511 Ocean Ave, Brooklyn, NY 11229 [Q](#) [R](#) [B](#)  
2444 86th St, Ste A, Bensonhurst, NY 11214 [D](#)

#### NEW BRIGHTON BEACH OFFICE

2965 Ocean Pkwy, Ste 200 Brighton Beach Ocean Pkwy [Q](#) [B](#)

### Bronx

5221 Broadway Ave, Bronx, NY 10463 [1](#)

#### NEW 149TH STREET OFFICE

384 E. 149th Street, Suite 201, Bronx, NY 10455 3 Av-149 St [2](#) [5](#)

## Upstate NY

**New** 156 Route 59, Ste B1, Suffern, NY 10501

### Queens

116-02 Queens Blvd Forest Hills, NY 113675 [E](#) [F](#) [M](#) [R](#)  
30-33 Steinway St, Astoria, NY 11103 [N](#) [Q](#) [M](#) [R](#)  
40-04 Forley St, Jackson Heights, NY 11373 [F](#) [E](#) [M](#) [R](#) [7](#)  
59-20 Myrtle Ave, Queens, NY 11385 [J](#) [M](#) [Z](#) [L](#)

### Staten Island

1975 Hylan Blvd, Staten Island, NY 10306

### Long Island

260 Sunrise Highway, Valley Stream, NY 11581

## NEW JERSEY

766 Shrewsbury Ave, Ste 300, Tinton Falls, NJ 07724  
81 Route 37 West, Toms River, NJ 08755

## Affordable Housing for Rent



### THE PAVILION AT LOCUST MANOR

**84 NEWLY CONSTRUCTED UNITS AT 171-04 BAISLEY BLVD., ST. ALBANS, QUEENS**  
**Amenities:** On-site superintendent, elevators, visual intercom system, security cameras, central air, parking lot (limited availability), laundry room\*, community room, bicycle storage (\*additional fees apply).

**Transit:** E/F/Z Trains, Q11, Q113, Q85 Buses  
• No application fee • No broker's fee • Smoke-free building • More information: [www.thedfdgroup.com](http://www.thedfdgroup.com)

This building is being constructed through the Extremely Low & Low-Income Affordability Program (ELLA) of the New York City Housing Development Corporation (HDC) and New York City Department of Housing Preservation and Development (HPD).

#### Who Should Apply?

Individuals or households who meet the income and household size requirements listed in the table below may apply. Qualified applicants will be required to meet additional selection criteria. Applicants who live in New York City receive a general preference for apartments.

- A percentage of units is set aside for:
  - Mobility (5%)
  - Vision/ hearing (2%).
- Preference for a percentage of units goes to:
  - Residents of Queens Community Board 12 (50%)
  - Municipal employees (5%).

#### AVAILABLE UNITS AND INCOME REQUIREMENTS

30% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent <sup>1</sup>	Units Available		Household Size <sup>2</sup>		Annual Household Income <sup>3</sup> (Minimum - Maximum) <sup>4</sup>
					1 person	2 people	
	Studio	\$368	3	→	1 person		\$14,503 - \$20,040
	1 bedroom	\$396	3	→	1 person		\$15,532 - \$20,040
					2 people		\$15,532 - \$22,920
	2 bedroom	\$482	3	→	2 people		\$18,515 - \$22,920
					3 people		\$18,515 - \$25,770
					4 people		\$18,515 - \$28,620
40% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent <sup>1</sup>	Units Available		Household Size <sup>2</sup>		Annual Household Income <sup>3</sup>
					1 person	2 people	
	Studio	\$519	4	→	1 person		\$19,680 - \$26,720
	1 bedroom	\$558	6	→	1 person		\$21,086 - \$26,720
					2 people		\$21,086 - \$30,560
	2 bedroom	\$676	3	→	2 people		\$25,166 - \$30,560
					3 people		\$25,166 - \$34,360
					4 people		\$25,166 - \$38,160
50% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent <sup>1</sup>	Units Available		Household Size <sup>2</sup>		Annual Household Income <sup>3</sup>
					1 person	2 people	
	1 bedroom	\$720	4	→	1 person		\$26,640 - \$33,400
					2 people		\$26,640 - \$38,200
	2 bedroom	\$870	9	→	2 people		\$31,818 - \$38,200
					3 people		\$31,818 - \$42,950
					4 people		\$31,818 - \$47,700
60% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent <sup>1</sup>	Units Available		Household Size <sup>2</sup>		Annual Household Income <sup>3</sup>
					1 person	2 people	
	Studio	\$822	1	→	1 person		\$30,069 - \$40,080
	1 bedroom	\$882	1	→	1 person		\$32,195 - \$40,080
					2 people		\$32,195 - \$45,840
	2 bedroom	\$1,065	20	→	2 people		\$38,503 - \$45,840
					3 people		\$38,503 - \$51,540
					4 people		\$38,503 - \$57,240
100% AREA MEDIAN INCOME (AMI) UNITS	Unit Size	Monthly Rent <sup>1</sup>	Units Available		Household Size <sup>2</sup>		Annual Household Income <sup>3</sup>
					1 person	2 people	
	1 bedroom	\$1,254	7	→	1 person		\$44,949 - \$66,800
					2 people		\$44,949 - \$76,400
	2 bedroom	\$1,511	10	→	2 people		\$53,795 - \$76,400
					3 people		\$53,795 - \$85,900
					4 people		\$53,795 - \$95,400

<sup>1</sup> Tenant pays electricity.

<sup>2</sup> Household size includes everyone who will live with you, including parents and children. Subject to occupancy criteria.

<sup>3</sup> Household earnings includes salary, hourly wages, tips, Social Security, child support, and other income. Income guidelines subject to change.

<sup>4</sup> Minimum income listed may not apply to applicants with Section 8 or other qualifying rental subsidies. Asset limits also apply.

#### How Do You Apply?

Apply online or through mail. To apply online, please go to [nyc.gov/housingconnect](http://nyc.gov/housingconnect). To request an application by mail, send a self-addressed envelope to: The Pavilion at Locust Manor, 100 Schoolhouse Rd., Levittown, NY 11756. Only send one application per development. Do not submit duplicate applications. Do not apply online and also send in a paper application. Applicants who submit more than one application may be disqualified.

#### When is the Deadline?

Applications must be postmarked or submitted online no later than August 14, 2017. Late applications will not be considered.

#### What Happens After You Submit an Application?

After the deadline, applications are selected for review through a lottery process. If yours is selected and you appear to qualify, you will be invited to an interview to continue the process of determining your eligibility. Interviews are usually scheduled from 2 to 10 months after the application deadline. You will be asked to bring documents that verify your household size, identity of members of your household, and your household income.

#### Español

Presente una solicitud en línea en [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Para recibir una traducción de español de este anuncio, envíe un sobre con la dirección a: The Pavilion at Locust Manor, 100 Schoolhouse Rd., Levittown, NY 11756. En el reverso del sobre, escriba en inglés las palabras "SPANISH". Las solicitudes se deben enviar en línea o con sello postal antes de **14 de agosto 2017**.

#### 筒体中文

访问 [nyc.gov/housingconnect](http://nyc.gov/housingconnect) 在线申请。如要获取中文告示及书面上的申请表的简体中文版, 请将您的回邮信封寄送至: The Pavilion at Locust Manor, 100 Schoolhouse Rd., Levittown, NY 11756。信封背面请用英语注明 "CHINESE"。必须在以下日期之前在线提交申请或邮寄书面申请 2017年8月14日。

#### Русский

Чтобы подать заявление через интернет, зайдите на сайт [nyc.gov/housingconnect](http://nyc.gov/housingconnect). Для получения русского объявления и заявления на русском языке отправьте конверт с обратным адресом по адресу: The Pavilion at Locust Manor, 100 Schoolhouse Rd., Levittown, NY 11756. На задней стороне конверта напишите слова "RUSSIAN" на английском языке. Заявки должны быть поданы онлайн или отправлены по почте с датой не позднее **14 августа 2017**.

#### 한국어

[nyc.gov/housingconnect](http://nyc.gov/housingconnect)에서 온라인으로 신청하십시오. 이 광고문과 신청서에 대한 한국어 번역본은 반드시 별도로 봉투를 The Pavilion at Locust Manor, 100 Schoolhouse Rd., Levittown, NY 11756으로 보내주세요. 봉투 뒷면에 "KOREAN"이라고 영어로 적어주세요. 2017년 8월 14일까지 온라인으로 신청하거나 봉투를 통해 접수하는 경우에만 신청서를 보내주세요.

#### Kreyòl Ayisyen

Aplike sou entenans soti enreleve konsept kòm obrazon an adres pa: The Pavilion at Locust Manor, 100 Schoolhouse Rd., Levittown, NY 11756. Nan deyò anpil la, ekri mo "HAITIAN CREOLE" an anglè. Ou deve remet aplikasyon yo sou entenans oswa ou deve tentre yo anvan dat **out 14, 2017**.

#### العربي

نقدم بطريق البريد الإلكتروني على الموقع الإلكتروني [nyc.gov/housingconnect](http://nyc.gov/housingconnect) وعشوائيات أخرى. The Pavilion at Locust Manor, 100 Schoolhouse Rd., Levittown, NY 11756. يرجى إرسال نسخة مطبوعة من طلب التأهيل أو تفاصيل أخرى على لغة اللغة العربية المطلوبة. يرجى إدخال الجهة المطلوبة. نرجو أن ترسل طلب التأهيل أو تفاصيل أخرى على لغة اللغة العربية المطلوبة. **ARABIC** **out 14, 2017**.

Mayor Bill de Blasio • HPD Commissioner Maria Torres-Springer • HDC President Eric Enderlin



# Is health insurance a right? More than half of Americans think so, new report shows



A study shows that a growing number of Americans want government to play a bigger role in healthcare. FLICKR

As Senate Republicans scramble to collect enough votes to replace Obamacare with their own healthcare bill, it seems the country is having a change of heart.

The anti-Obamacare rhetoric that got a slew of Republican lawmakers — including President Donald Trump — elected is no longer as appealing to voters, as the GOP's replacement plan would cut off millions from insurance and do away with popular Obamacare mandates like the one that bars insurers from denying people with pre-existing conditions.

The highest number of Americans in over a decade — 60 percent — feel it's the federal government's responsibility to make sure all Americans have health-care coverage, according to a national survey by Pew Research Center.

But even more revealing are the numbers behind support for single-payer health insurance. Thirty-three percent of Americans now support such a program in which the state, financed by taxes, covers basic health-care costs for all residents regardless of income, occupation or health status — that's up 5 percentage points since January.

Thirty-nine percent of Republicans younger than 30 think government is responsible for providing health coverage for all, compared with 28 percent of Republicans older than 30. Twenty-two percent of younger Republicans favor single-payer healthcare compared with just 10 percent of

the older cohort.

Democrats and young people are driving the push toward greater government involvement in healthcare. Among Democrats, 52 percent say health insurance should be provided through a single-payer system — up 9 percentage points since January. That figure jumps to 64 percent among liberal Democrats — up 13 percentage points since January.

Two-thirds of adults younger than 30 say the government has a responsibility to provide health coverage for all, with 45 percent saying coverage should be provided through a single national program. ERIN TIERNAN

## Mountbatten Institute, since 1984

ARE YOU LOOKING FOR A CAREER HEADSTART INTO THE GLOBAL ECONOMY? THEN CONSIDER LONDON!!!



A paid internship with a globally recognized company in London, UK  
An MA or an MBA degree in International Business  
A value proposition that will AMAZE you  
Program start August/September 2017

Connect with: [www.mountbatten.org](http://www.mountbatten.org)  
or contact: [mkemp@mountbatten.org](mailto:mkemp@mountbatten.org)

WE TEACH YOU HOW THE WORLD DOES BUSINESS

## The Bronx Zoo's wild zipline and ropes course will make a monkey out of you

The Bronx Zoo is about to get a whole lot wilder with two new attractions that'll have visitors gliding like a bird and climbing like the apes we once were.

The zoo, which has been bringing visitors closer to nature since 1899, has created a whole new zone called Treetop Adventure with two separate experiences, both opening July 7. For the wannabe flyers, a new zipline will send you soaring 400 feet among the zoo's back country and over the Bronx River, where just 50 feet separate you from the waves.

Once you've zipped there (and back again — it's a two-way trip!), there's no need to come back down to earth. Your Treetop Adventure continues with seven ropes courses winding through the forest canopy, with 8-12 obstacles like wobbly bridges, tightrope walks, rope swings, ladders and more along each path.

Climbers will wear



Bronx Zoo's Treetop Adventure JULIE LARSEN MAHER, WILDLIFE CONSERVATION SOCIETY

harnesses and helmets, and don't worry if any of those obstacles sound too intense. The courses have varying levels of difficulty, color coded like ski runs: two Beginner (yellow), two Intermediate (green), two Advanced (blue) and one Expert (black) — this one ends in a jump descent, described by the zoo as "the extreme test."

The basic rules: must be at least 7 years old, weigh between 50 and 275 pounds and be able to reach 5½ feet from flat feet. Find all the details

at Bronxzootreetop.com. Treetop Adventure will be open year-round (weather permitting). The Zipline and Climb sections will require separate tickets for specific time slots. The Zipline ticket gets you one round trip; Climb tickets are good for two hours, including a brief training session.

The second exhibit, Nature Trek, is more family-oriented, with a fully netted course of towers and elevated bridges rising up to 14 feet (2 stories) among the treetops.

All 12 bridges are safe for ages 5 and up, with mini "American Ninja Warrior"-style challenges along the way like balancing on a narrow beam, dodging between vertical barriers, negotiating wide steps and figuring crossing moving surfaces.

Younger kids can still enjoy a nature play zone with sand pits, seasonal water elements and "loose branches," according to the zoo. EVA KIS

## QUALITY DENTURES AND DENTAL IMPLANTS THE SAME DAY



\$100 off each NEW denture!

Exp: 7/31/17

Your Smile is Everything, Never Settle!

**Free Consultation**

Emergencies Welcome

**Smile with Confidence!**

**CALL NOW**

**212.689.0024**

[www.heraldsquaredental.com](http://www.heraldsquaredental.com)

**Most Insurance Welcome and Payment Plans available**

**Leaders in Implant Dentistry! - Est. 1977**

**224 W 35th St. New York, NY 16th Fl.,  
Btwn 7th & 8th Avenues**



EST. 1977



## HIRING PARKING ATTENDANTS

**MUST have driver's license  
experience driving automatic  
& stick shift**

**Why work for us? We offer:**

**FT & PT • \$11/hour plus TIPS**

**Union Membership**

**Excellent Benefits (after 90 days)**

**Pension • Vacation**



Icon Parking Employees

## OPEN HOUSE

**Monday-Friday 8am-3pm**

**29 East 39<sup>th</sup> street**

**(btw Park Ave. & Madison Ave.)**

**Bring Resume, proper documentation  
(SS or Birth Certificate and Driver's  
Lic. & Passport or Green Card)**

**Or email your resume:**

**[jobs@iconquikpark.com](mailto:jobs@iconquikpark.com)**

THE FUN STARTS HERE

# 5 Ways 'Spider-Man: Homecoming' sticks the landing

wknd

The series' second relaunch gets it right this time — for the most part. **MATT PRIGGE**



## It's funny, but not "Deadpool" funny

"Spider-Man: Homecoming" won us over with some jokes about larb. Actually, it won us over well before that. Long before Peter Parker (Tom Holland) and the now much youthenized Aunt May (Marisa Tomei) started making goofy jokes over their Thai dinner, it was obvious "Spider-Man: Homecoming" was a charmer. It was clear from the very start that this was quick on its feet, fun and funny, yet not smug and self-satisfied a la "Deadpool."



## It actually feels like classic "Spider-Man"

By "classic," we mean classic —like the old comics, before they turned heavy and dark, and the silly cartoon. The third Peter Parker in 15 years feels a lot like the Peter Parker created by Stan Lee and Steve Ditko: a gee-whiz everyday kid beyond stoked he has superpowers. He'll gain baggage later, learn that with great power comes great responsibility, yada yada. But when "Homecoming" opens, Holland's Peter acts exactly like a boy who watches too many Marvel movies who's just learned he's going to fight alongside the real Avengers.



## It plays with the Marvel Cinematic Universe in clever ways

The hilarious opening of "Homecoming" restages the royal rumble from "Captain America: Civil War" but entirely from smartphone footage an excitable Peter shot while he was filing his cameo/charming intro. Then he's bummed that they don't call him back. Peter wants to be a star, but he's not yet ready for prime time. That he's gotten a taste makes it worse when he has to return to Queens, go back to being a friendly neighborhood Spider-Man.



## It offers something new

"Homecoming" is the first Marvel Cinematic Universe entry to give us a view from the ground, of people who live in a world with superheroes. In "Homecoming," Iron Man, et al. are cherished just like they are here in the real world. Criminals wear Halloween store Avengers masks when sticking up banks. High school girls play F/M/K with their names. And the movie's villain — a contractor played by Michael Keaton — becomes a bad guy because Tony Stark (Robert Downey Jr.) screwed him out of a job to clean up the mess left after the first "Avengers."

## Now for the bad news

"Homecoming" is such a blast it takes a long time to realize you might not care about anyone or anything that's happening. It's the opposite of the emo first Spidey reboot, starring a brooding Andrew Garfield. And yet there's the rub: Maybe the opposite is not ideal, either.

The downside to constant, very funny jokes is that it never slows down like the original Tobey Maguire ones did, never pauses for character beats that make us invested beyond being constantly entertained. You might not notice that absence right away, but you may notice it as "Homecoming" wears on. But not so fast: Let's not forget how strong "Spider-Man: Homecoming" started, how it gave us the finest and fleetest first act-and-change the current Marvel regime has yet produced.

## The Future of Foot Surgery has arrived at NY Podiatric Medicine



Don't hide them... **WE CAN HELP!**  
Specializing in Surgery and Aesthetics  
of the Foot.

Dr. Andrew Glass DPM  
**212-867-2500**

## NEW YORK PODIATRY MEDICINE AND SURGERY

Cutting Edge Means Less Cutting

### MINIMALLY INVASIVE

#### Bunion & Hammertoe Surgery

We have performed thousands of these procedures with state of the art technology

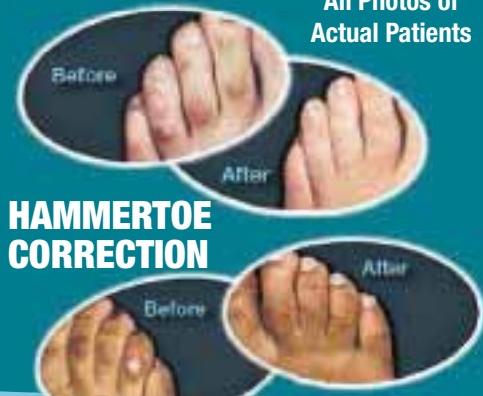
[www.nymidtownpodiatry.com](http://www.nymidtownpodiatry.com)

MIDTOWN

315 Madison Ave., Suite 2301 • 212-867-2500

As seen on

All Photos of Actual Patients



### HAMMERTOE CORRECTION



MOST INSURANCE PLANS ACCEPTED

**FREE CONSULTATION WITH THIS AD**

# Andy Samberg can't wait for 'Game of Thrones,' either

We chatted with the "SNL" alum about his new mockumentary, "Tour de Pharmacy."

 RACHAEL VAUGHAN CLEMMONS @rachaelsclemz rachael.clemmons@metro.us

Why did Andy Samberg pick the competitive world of cycling for his latest mockumentary?

"[Just] the look of it made us giggle," says the 38-year-old over the phone. "A lot of grown men in spandex."

With even a passing familiarity with Andy Samberg's work, you'll know exactly what to expect from "Tour de Pharmacy," a fictitious look at doping in competitive cycling circa 1982.

It's also flush with over-the-top performances from the likes of Samberg himself, Orlando Bloom, John Cena, Daveed Diggs and more.

We talked to the very chill "Brooklyn Nine-Nine" star — who was preparing to binge drink



From left: Daveed Diggs, Orlando Bloom, Andy Samberg, John Cena and Freddie Highmore do their worst in "Tour de Pharmacy," premiering on HBO, July 8 at 10 p.m. JOHN P. JOHNSON/HBO

Bud Light for Independence Day — about choosing competitive cycling over curling, Orlando Bloom's chiseled bod and, of course, "Game of Thrones" mania.

**How soon after "7 Days in Hell" did you and writer Murray Miller decide to do another of these mockumentaries?**

Pretty immediately. It dawned on us that if "7 Days in Hell" went well, we could do more of

them. It did well enough! [Laughs] [Afterward] we just started brainstorming different sports that we had a take on and cycling was one of them.

**What made you choose cycling over something overtly silly, like curling?** Curling has come up! But cycling felt right. There is obviously a lot of stuff about PEDs [performance enhancing drugs] and all that, which we thought

would be fun source material for comedy.

**Speaking of perfor-**

mance-enhancing drugs, what was it like getting Lance Armstrong on to make fun of himself? It wasn't that difficult. [Laughs] Murray wrote the idea for him into the script because we were making a comedy about cycling, and he's still the face of cycling. So we were like, "We can't really do a comedy about cycling without even asking him."

**Orlando Bloom's character, Juju Pepe, is such a specific caricature, especially with that peroxide blond goatee.**

Murray created Juju Pepe solely from his mind. His character is an amalgamation of a lot of cyclists and stuff

we thought was funny.

The blond goatee, I don't remember whose idea

it was, I just remember us giggling indefinitely. Orlando kind of makes everything look good because he's in incredible shape and cut from marble. [Laughs.]

**You and Murray have done well having these Brits who people don't really think of as funny — first Kit Harington in "7 Days in Hell," now Orlando Bloom in "Tour de Pharmacy."**

It's a dice roll for them, and for us. But with Kit, I'm obsessed with "Game of Thrones." He told me he used to do sketch and improv in college. And sure enough he was so good at it. To the point where everyone was like, "Holy s—, Kit Harington is funny!"

**How are you feeling about this season of "Thrones"? It's coming back so soon.** The new trailer that just came out gave me full-body chills of excitement. Like, f—, it's finally going to pay off!



GETTY IMAGES

FURNISH YOUR ENTIRE HOME OR OFFICE  
*for up to*  
**70% OFF RETAIL PRICES Everyday!**



starting at...

\$199.99

SOFA & LOVESEAT SETS



now only...

\$399.99

5-PIECE BLACK BEDROOM SET

(Dresser, Mirror, Queen Headboard, 2 nightstands)

An AFR® Exclusive!  
**22 - PIECE APARTMENT PACKAGE**

INCLUDES: Sofa, Loveseat, Cocktail Table, 2 End Tables with 2 Lamps, TV Media Stand, Dining Table with 4 Side Chairs, Headboard, 2 Nightstands with 2 Lamps, Mirror, Dresser, 2 Art Prints

starting at...

**\$899.99**

Office Chairs

STARTING AT \$24.99

Office Desks

STARTING AT \$149.99

TV Stands

STARTING AT \$19.99

Stop In For More Amazing Deals!

**afir**  
CLEARANCE CENTER

DELIVERY SERVICES

MASSIVE SHOWROOM

PREMIUM STYLES

UNBEATABLE PRICES

Visit Your Local  
**AFR® Clearance Center**  
& Start Saving Today!

Like Us On Facebook!

New & Previously Rented Furniture

SECAUCUS, NJ

30 Enterprise Avenue North  
Secaucus, NJ 07094

**201.241.2400**

Mon-Fri 11AM-8PM / Sat 10AM-6PM / Sun 12PM-5PM

EXPERIENCE MORE AT [AFRCC.COM](http://AFRCC.COM)

\*Photos are for advertising purposes only and may not match the condition of current sale merchandise.  
Prices reflect previously rented merchandise. Other exclusions may apply. See store for details.



## Why Suffer With Fibroids?

- VIVA-EVE Uterine Fibroid Embolization (UFE) can:
- + Treat heavy bleeding, severe cramps, painful intercourse, bloating, and more
  - + Help you avoid major surgery such as hysterectomy or myomectomy
  - + Quickly restore harmony to your body

VivaEve's UFE is a minimally invasive, FDA-approved alternative to fibroid surgery, and is covered by most insurance plans.

Our licensed, board-certified doctors are UFE experts. Our caring staff, state-of-the-art outpatient facility, and thoughtful, diligent follow-up measures have won praise from our patients:

"It was like night and day. My stomach feels smaller, my cycle is much lighter and I definitely have more energy. I really liked the VivaEve staff and I am so happy I chose UFE instead of one of the major surgeries."

— Lauren, 42

"My doctor recommended VivaEVE. She had several patients who did their UFE there and were very pleased with the results.... My life doesn't stop during my cycle anymore."

— Tamia, 38

**VIVA-EVE**  
The Fibroid Experts

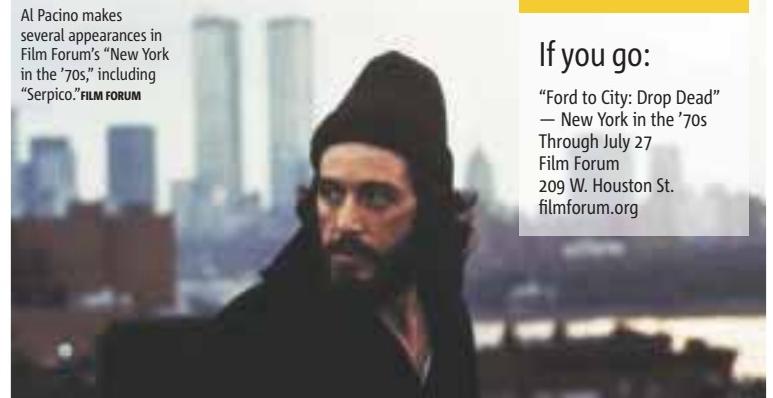
Call now to schedule an appointment:  
**888-804-3888**

Learn more at [vivaeve.com](http://vivaeve.com)  
Convenient locations in Forest Hills and Astoria.

VivaEVE medical practices are independently owned and operated by licensed physicians.  
Please visit [vivaeve.com/practices/](http://vivaeve.com/practices/) for a list of independent medical practices and their locations.

## 18 THINGS TO DO

Al Pacino makes several appearances in Film Forum's "New York in the '70s," including "Serpico." **FILM FORUM**



### If you go:

"Ford to City: Drop Dead" — New York in the '70s  
Through July 27  
Film Forum  
209 W. Houston St.  
filmforum.org

# Bask in our city when it was down and out

Film Forum brings back the bad old days with "New York in the '70s."

 MATT PRIGGE  
[matt.prigge@metro.us](mailto:matt.prigge@metro.us)

The movies have seen our city through thick and thin, from the glory days of the '50s and '60s through the muck and mire of the '70s, when we were so screwed not even President Ford would bail us out.

The Daily News' legendary headline — "Ford to City: Drop Dead" — is also the name of Film Forum's ode to the decade's seedy NYC cinema. It's when urban blight crossed paths with Hollywood's new interest in true grit, creating a perfect storm of films that showed the city

at its worst.

Watch Al Pacino start out the decade shooting smack around Lincoln Center in "Panic in Needle Park," try to clean up the streets in "Serpico," then give up and rob a Brooklyn bank in "Dog Day Afternoon." By decade's end, he's open-minded enough to try out the gay S&M scene with "Cruising."

Middle Americans were horrified by the crime running rampant through "The Warriors" and "Death Wish," in which even Jeff Goldblum is a murderer. The city was broke, but you wouldn't know it watching Woody Allen's "Manhattan" or the divorce drama "An Unmarried Woman," where the upper class treated this cesspool like a swanky playground.

Had these richies ventured to the other bor-

oughs, they might have had a rude awakening. That's what happens to trust fund kid Beau Bridges in Hal Ashby's "The Landlord." He buys a tenement building in godforsaken Park Slope but goes the opposite of '70s Donald Trump on the locals. Bay Ridge hasn't changed much since the days of "Saturday Night Fever," a monster hit despite being 15 percent disco, 85 percent a grueling and heartbreaking look at a go-nowhere schnook.

The series smudges the decade borders a touch, allowing in 1981's "Escape from New York," which imagined a future that in the '70s seemed all but certain: By 1997, Manhattan would turn into a 22.7-square-mile prison. Instead, the inverse happened: It became a gated community for the rich.

## DO YOU THINK SOMEONE IN YOUR HOUSEHOLD MAY HAVE SCABIES?

JUVA Skin & Laser Center is currently seeking volunteers to participate in a clinical research study to evaluate the experimental use of an existing product for the treatment of scabies.

If you or someone in your household has scabies, you may be eligible to participate in this clinical research study.

Eligible participants will receive compensation for time and travel. For more information:

**CALL: (212) 421-9501**

JUVA Skin & Laser Center  
60 East 56th Street, Floor 2  
New York, NY 10022

**JUVA**  
Skin & Laser Center  
Body Contouring Center  
MedSpa



**coolsculpting**

Freeze off your fat forever!  
\*results in as little as 3 weeks\*  
Buy 3 get 1 free  
We accept care credit

**Laser Hair Removal permanent**

Small area \$50 Medium area \$75  
Large area \$99

**\$25 Wax:**

Full Legs, Full Arms,  
Bikini, Brazilian, Back,  
Buttocks Or Chest

**FULL BODY WAX  
\$59**

• deep pore facial • microdermabrasion.. deep exfoliation,  
reduce brown spots • oxygeneo.. revitalize skin, reduce white spots  
• Slimming body wrap • UV gel manicure with UV gel pedicure

**GET SKINNY**

Lose 3-9 inches in 2 weeks 6 for \$299

Velashape III Rids cellulite while tightening skin \$99

Cavi-lipo rids cellulite while melting fat \$66.50

**spaTolle**  
Laser, Slimming & Anti Aging Spa

180 7th Ave. South  
btwn W 11th Street & Perry Street  
212 229 1389

Servicing NYC for 22 years!  
We accept credit cards.

We will beat all competitors' coupons by 10%.  
Open 7 days a week. Expires July 31, 2017.  
We will beat... Free Consultation.

# No alcohol at this bar

The Drug Store's bartenders will make you cocktails — just of the healthy kind.

 EVA KIS  
@thisiskis  
eva.kis@metro.us

Instead of causing your hangovers, New York City's newest bar might just cure them.

Wellness tonic company Dirty Lemon just opened a summer-long pop-up in Nolita called The Drug Store, billed as a "non-alcoholic cocktail bar" run by actual bartenders you might know from regular bars around the city.

Except here, they're muddling ginger and talking about activated charcoal while shaking up tonics that claim health benefits like better sleep, more energy and healthier hair and nails.

"I have nothing against drinking at all, but I think there's something really interesting in rethinking the way that we produce beverages of all kinds and really showing the craft that goes into them," says Dirty Lemon founder Zak Normandin.

Modeled after a 1920s-era soda shop, The Drug Store hints at the origin of associating beverages with health. Carbonated water was thought to have the same medicinal properties as mineral water, and soda fountains took off in the 1880s. The health angle made the pharmacy pairing a natural fit, and Prohibition did the rest to make them a community



The Drug Store, a non-alcoholic bar that serves health tonics, harkens back to soda fountains that used to be paired with pharmacies. PROVIDED

gathering place.

There's an element of nostalgia, too — Normandin's grandmother worked in a soda fountain-pharmacy in his Mas-

making root beer floats," says Normandin, recalling one of his earliest memories. "I've always been enamored with this concept of expressing that same connection with the customer with products that aren't alcoholic."

But the nostalgia ends with the decor; Normandin wants The Drug Store to be a "cool, modern" way to hang out and introduce people to trends in the health world, which will be tried out in new tonics created at the bar.

You know cayenne pepper helps with digestion, but what about marine collagen? (It's a compound from fish scales that claims to improve your complexion.) How

about a matcha cocktail with cardamom and vanilla spiked with a little rhodiola, a root that's been used in Greek medicine for centuries with antioxidant benefits? If you don't know what something is, as usual, ask your bartender.

The base of all Dirty Lemon's drinks is the versatile citrus fruit that's already part of many health-minded people's routines. "It's alkalizing to your system," he says. "It's a very refreshing flavor profile. Aside from the health benefits, it paired really well with other flavors."

Lemons are also low-calorie and nearly sugar-free, a claim most fruits can't make. Dirty Lemon doesn't add any sugar, and

keeps its drinks under 15 calories.

You can't get these tonics in stores — Dirty Lemon is known for being the first brand to sell its products exclusively via text message when it launched in 2015, though it is sold in a few exclusive locations like the members-only Soho House.

For now, the plan is only to have The Drug Store open until Labor Day, but staying on or moving to a new city haven't been ruled out. The space has been busy since opening last week; be sure to get in by booking your stool on Resy.

The Drug Store is open seven days a week at 232 Elizabeth St. 10 a.m.-7 p.m.



The Drug Store offers five "hand-crafted elixirs." PROVIDED

sachusetts hometown. "You could sit up at the bar talking to whoever is

Movie night in the park gets boozy

Brooklyn Bridge Park is already one of our favorite places to catch a free outdoor movie in the summer, and it just got a perk no other park has.

When Movies With a View returns to the Harbor View Lawn on July 6, it'll be accompanied by Warsteiner beer and Oak Beverages wines available for purchase at each screening. Drinking is prohibited in NYC parks, so this is your one legal option to feel the buzz while enjoying an outdoor movie.

Along with the new wine and beer options comes a new outdoor market curated by Brooklyn's hot new food hall DeKalb Market, bringing German-style kebabs from Kotti Doner, Steve's Key Lime Pie, Foragers Sandwiches and the Cake Pop Shop to the DUMBO park.

All vendors will be stationed on Granite Prospect next to the lawn, and more may be added later in the summer. **EVA KIS**



FIRMER SKIN WITHOUT THE SURGERY

**25% OFF BUYING A PACKAGE**

6 SESSIONS OF SMALL AREA - \$2,994 \$2,245.50 (SAVINGS OF \$750)

6 SESSIONS OF LARGE AREAS - \$4,194 \$3,145.50 (SAVINGS OF \$1,000)

SMALL AREA \$499 PER SESSION | LARGE AREA \$699 PER SESSION



BEFORE



AFTER

 SkinTite

try.lexingtonplasticsurgeons.com/july | 113 E. 39th Street (b/w Park and Lexington Ave)  
**Call for a Free Consultation. 888-508-2224**

LEXINGTON  
PLASTIC  
SURGEONS

## Do you want to reduce the appearance of excess fat in your neck?

If you are a healthy male or female between the ages of 20-65 you may qualify for a research study involving a non-invasive device for fat reduction.

Investigational treatments will be performed at no cost to you.

You will be compensated for your time.

Call (212) 688-5882 to find out if you are eligible

Study is being conducted at  
**Juva Skin & Laser Center**  
by Bruce E. Katz, M.D., Director  
60 East 56th Street, Suite 2, New York, NY  
and clinical staff



## TAKE PART IN A PAID CLINICAL RESEARCH STUDY



Compensation for Participation up to \$1450

Inflamax Research is looking for healthy volunteers to take part in a paid clinical research study

Males & Females Ages 18 - 65  
To see if you qualify

Call  
**1-888-989-1808**

Visit  
**www.SneezeUSA.com**

## 20 THINGS TO DO

### YOUR WEEKEND STARTS NOW

#### BROADWAY



PROVIDED

#### Broadway in Bryant Park

Want a taste of Broadway's big shows of the summer? Take your lunch break to Bryant Park on Thursdays beginning this week for live performances at iHeartMedia's free concert series. Grab a spot on the lawn while cast members from productions like "Groundhog Day," "Cats" and "Kinky Boots" serenade you with showstoppers. Each day features performances of songs from at least three different musicals.  
July 6-Aug. 10, 12:30-1:30 p.m., free, bryantpark.org

#### FILM

#### "Juice"

It's been 25 years since the release of hip-hop classic "Juice," which features Omar Epps and the acting debut of Tupac Shakur. The Schomburg Center for Research in Black Culture has got the anniversary covered with a free screening. After the credits roll, stick around for a talkback with director Ernest Dickerson and actors Khalil Kain and Jermaine Hopkins, followed by a '90s-themed afterparty with Kool DJ Red Alert.  
July 7, 6:30 p.m., 515 Malcolm X Blvd., free, schomburgcenter.org

#### PARTY

#### You Are So Lucky

Escape the everyday with You Are So Lucky, a full weekend of mystical events curated by the Box, House of Yes and the Danger. Discover acrobatics, aerial acts, musical acts, dance and more as you wander through hidden gardens and fantasy tableaus at the Manor. Tickets are still available for Saturday's soiree, "Orchids & Ashes," which takes place over the sprawling grounds of a mysterious mansion. Transportation is included with your ticket.  
July 7-9, secret location, \$88, youaresolucky.com

#### FESTIVAL

#### Louis Armstrong's Wonderful World

Pay homage to the man affectionately known as Satchmo within days of his honorary birthday, the Fourth of July. Louis Armstrong's Wonderful World Festival offers a full day of free jazz events for all ages in Queens, where the jazz icon made his home. The fest showcases his influences through a lineup including Vince Giordano and the Nighthawks, the Dap-Kings and Jon Batiste and Stay

#### Full Moon Festival

Governors Island continues to knock it out of the park with summer programming; the latest is Full Moon Festival, a waterfront concert with two pop-up beaches and three stages of music over 12 hours (because with a name like Full Moon Fest, you've gotta party under the stars). The lineup includes Vic Mensa, Kelela, Connan Mockasin, DJ Harvey, Donna Leake and Les Filles. There will also be amazing food, art installations and a mass meditation led by the Big Quiet.  
July 8, Noon-midnight, Governors Island, \$31-\$201, fullmoonfest.com

#### DANCE

#### Insitu Dance Festival

LIC visitors strolling the four parks along the waterfront this weekend might feel like they're entering some kind of midsummer night's dream as they witness nymph-like creatures leaping through the greens, cavorting in playgrounds, and twirling in the air against the river and skyline scenery. For two days, the Insitu Dance Fest showcases 75 site-specific, immersive dance pieces from 24 choreographers, with an after-party Sunday at 7 at Anable Basin Sailing Bar & Grill.  
July 8-9, Noon-7 p.m., LIC Waterfront, free, insitudancefestival.com

#### History of Burlesque

Sip specialty cocktails while getting an interactive education in burlesque. Atlas Obscura's "History of Burlesque" dives into the background of the dance genre, led by entertainer and educator Doctor Lucky. As they're discussed, styles are demonstrated by dancers like Gin Minsky, Ms. Tickle, Perle Noir and Lady Aye.  
July 9, 7-10 p.m., Littlefield, 635 Sackett St., Brooklyn, \$20-\$35, atlasobscura.com

T. MICHELLE MURPHY

#### MUSIC



#### Hip Hop Festival

Pick up what they're putting down at the Hip Hop Festival this week. It kicks off with an interview with MC Rakim, celebrating 30 years since the debut of "Paid in Full," followed by a mix of film screenings, concerts and special events, like a "Speak the Truth" conference dedicated to social justice and empowerment. On the final blowout night, DMX performs at Brooklyn Bridge Park with the Lox, Mack Wilds and Oshun. DJ Stretch and Bobbito party next door at St. Ann's Warehouse.  
July 10-15, various locations and times, Brooklyn  
Free-\$180, bkhiphopfestival.com

# Nothing ancient about Athens

We've got eight ways  
to experience the  
modern Greek city.

Fodor's Travel

Borsalino Bar

Occupying a prime corner in the bustling central Monastiraki district, Borsalino Bar offers an intriguing, upscale craft cocktail menu in a swanky, blue-hued setting. Bartenders decked out in smart vests and ties whip up seasonal specialties like the Smoke and Mirrors, a sweet-and-spicy blend of mezcal, masticha (a liqueur from the isle of Chios), local red Florina pepper, smoked maple syrup and grapefruit. Inside, it's all plush velvet and cool jazz, while the terrace, with black-and-white striped awning, buzzes on warm evenings.

## Avocado

Vegetarians and vegans flock to this bright, friendly cafe for everything from fresh-squeezed juices and salads to pizza and pasta. Avocado offers an inventive spin on traditional dishes like a flavorful paella made with oven-roasted pumpkin, mushrooms, green beans and seaweed served atop



Find trendy low-ABV cocktails at Borsalino Bar. [FACEBOOK](#)



Athens has plenty for younger travelers to explore. **GETTY IMAGES**

where you can feast on dishes like sea bass with beluga lentils, fennel cream and truffle with an unobstructed view of the Parthenon beyond.

## The Underdog

This cafe brews some of Athens' best java, roasting fair-trade beans on-site. The chic, white-brick-walled multilevel space offers plenty of seating; there's also a large, bright glass-enclosed courtyard with lots of light. Brunch is popular here (try the pancakes) and is served every day, not just on weekends. The Underdog also offers a vast selection of beer.

Al Hammam Baths

Nestled at the top of a hilly street in Athens' most ancient neighborhood, Al Hammam Baths feels like it's been around for centuries, yet it only opened last year. In the lower-level hammam, you can get a traditional scrub and soap treatment in a spacious white marble steam room, while on the upper floor, facials, Thai and Shiatsu massage, and

detoxing body wraps are offered. An entire area is devoted to nails (including shellac manis/pedis), but unlike a typical nail salon, this one boasts fantastic views of the Acropolis through its windows.

## **Flaneur Souvenirs & Supplies**

Skip the cheesy refrigerator magnets and tacky

## Orsalia Parthenis

Edgy, androgynous looks for both men and women make the stylish, Athens-based Orsalia Parthenis a must for the fashion-forward. The eponymous brand favors comfortable, natural fabrics like cotton and silk in its minimalist, bohemian designs, which are simultaneously on-trend and timeless.

EXPERT ADVICE		CRUISE.COM		LOWEST PRICE					
LOWEST CRUISE PRICES GUARANTEED, plus No Booking Fees									
<b>EXCLUSIVE CRUISE SUPER SALE!</b>									
up to \$1700 Onboard Credit, up to \$1700 Cash Back, BOGO: 50% OFF 2nd Guest, Get up to \$600 OFF plus up to 4 Amenities, Free Specialty Dining, Free Gratuities, Free Upgrades, Free Beverage Package, Free Internet, 3rd/4th Guest Sail Free, Free VIP Package & Reduced Deposit on select sailings									
ALASKA CRUISES			CARIBBEAN/BAHAMAS						
 NORWEGIAN	Celebrity Cruises	 NORWEGIAN	 Royal Caribbean						
<b>6-Day Alaska</b> <del>\$49*</del> Cruise Only \$49*	<b>7-Day Alaska</b> <del>\$529*</del> Cruise + Taxes + Fees \$529*	<b>7-Day Bahamas</b> <del>\$549*</del> Cruise Only \$549*	<b>7-Day Caribbean</b> <del>\$599*</del> Cruise Only \$599*						
 Royal Caribbean	 Celebrity	 Norwegian	 Carnival						
<b>7-Day Alaska</b> <del>\$599*</del> Cruise Only \$599*	<b>7-Day Alaska</b> <del>\$699*</del> Cruise Only \$699*	<b>10-Day Caribbean</b> <del>\$729*</del> Cruise Only \$729*	<b>8-Day Caribbean</b> <del>\$869*</del> Cruise Only \$869*						
 Royal Caribbean	 Celebrity	 Norwegian	 Carnival						
<b>7-Day Alaska</b> <del>\$699*</del> Cruise Only \$699*	<b>7-Day Alaska</b> <del>\$849*</del> Cruise Only \$849*	<b>10-Day Caribbean</b> <del>\$779*</del> Cruise Only \$779*	<b>8-Day Caribbean</b> <del>\$999*</del> Cruise Only \$999*						
 Norwegian	<b>Deals of the Week</b>		 Norwegian						
 Norwegian	<b>7-Day U.S. &amp; Canada Cruise</b>		 Norwegian						
 Norwegian	sailing from New York, NY		 Norwegian						
 Norwegian	Free Specialty Dining, Beverage Package + Onboard Credit		 Norwegian						
 Costa	<b>7-Day Europe</b>		 Carnival	<b>7-Day U.S./Canada</b>					
 Costa	<b>7-Day Europe</b> <del>\$429*</del> Cruise Only \$429*	 Norwegian	 Carnival	<b>7-Day U.S./Canada</b> <del>\$479*</del> Cruise Only \$479*	 Carnival				
 Costa	<b>7-Day Europe</b> <del>\$565*</del> Cruise Only \$565*	 Norwegian	 Carnival	<b>7-Day U.S./Canada</b> <del>\$599*</del> Cruise Only \$599*	 Carnival				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	 Carnival	 Carnival				
 MSC	<b>10-Day Europe</b> <del>\$699*</del> Cruise Only \$699*	<b>10-Day Europe</b> <del>\$649*</del> Cruise Only \$649*	 Norwegian	<b>10-Day Mexico</b> <del>\$649*</del> Cruise Only \$649*	 Princess Cruises				
 MSC	<b>10-Day Europe</b> <del>\$759*</del> Cruise Only \$759*	<b>10-Day Europe</b> <del>\$899*</del> Cruise Only \$899*	 Norwegian	<b>10-Day Mexico</b> <del>\$899*</del> Cruise Only \$899*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>10-Day Mexico</b> <del>\$999*</del> Cruise Only \$999*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>10-Day Mexico</b> <del>\$1079*</del> Cruise Only \$1079*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$1469*</del> Cruise Only \$1469*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$1929*</del> Cruise Only \$1929*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$1999*</del> Cruise Only \$1999*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2099*</del> Cruise Only \$2099*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2199*</del> Cruise Only \$2199*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2299*</del> Cruise Only \$2299*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2399*</del> Cruise Only \$2399*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2499*</del> Cruise Only \$2499*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2599*</del> Cruise Only \$2599*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2699*</del> Cruise Only \$2699*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2799*</del> Cruise Only \$2799*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2899*</del> Cruise Only \$2899*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$2999*</del> Cruise Only \$2999*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$3099*</del> Cruise Only \$3099*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$3199*</del> Cruise Only \$3199*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$3299*</del> Cruise Only \$3299*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$3399*</del> Cruise Only \$3399*	 Princess Cruises				
 MSC	 Norwegian	 Norwegian	 Princess Cruises	<b>11-Day Panama</b> <del>\$3499*</del> Cruise Only \$3499*	 Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$3599*</del> Cruise Only \$3599*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$3699*</del> Cruise Only \$3699*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$3799*</del> Cruise Only \$3799*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$3899*</del> Cruise Only \$3899*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$3999*</del> Cruise Only \$3999*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4099*</del> Cruise Only \$4099*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4199*</del> Cruise Only \$4199*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4299*</del> Cruise Only \$4299*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4399*</del> Cruise Only \$4399*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4499*</del> Cruise Only \$4499*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4599*</del> Cruise Only \$4599*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4699*</del> Cruise Only \$4699*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4799*</del> Cruise Only \$4799*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4899*</del> Cruise Only \$4899*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$4999*</del> Cruise Only \$4999*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$5099*</del> Cruise Only \$5099*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$5199*</del> Cruise Only \$5199*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$5299*</del> Cruise Only \$5299*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$5399*</del> Cruise Only \$5399*	Princess Cruises				
MSC	Norwegian	Norwegian	Princess Cruises	<b>11-Day Panama</b> <del>\$5499*</del> Cruise Only \$5499*					



New York Mets slugger Yoenis Cespedes has been unable to find any sort of consistency during the 2017 season due to a myriad of injuries that has limited his production. The Mets think he needs to drink more water. GETTY IMAGES

# Apparently water will save Mets' Yoenis Cespedes from injuries

The bumbling Mets training staff continues to search for answers on how to keep players healthy.

 JOE PANTORNO  
@JoePantorno  
joseph.pantorno@metro.us

The mystifying ineptitude of the New York Mets continues as the 2017 season really just feels like a bad dream.

After winning seven of eight games heading into the holiday break, the Mets have been smacked by the NL East Division-leading Washington Nationals.

Among the disaster that has been embarrassing baseball, puzzling

managerial moves and injuries (oh, so many injuries), New York's marquee name, Yoenis Cespedes, has been dealing with hamstring issues for a majority of the season that has seen him appear in just 40 of the team's first 84 games.

With timing that can only be experienced by the Mets, this, of course, comes after a winter in which Cespedes inked a four-year, \$110 million deal to stay in Queens.

During his shortened season, "La Potencia" is batting .281 with nine home runs and 19 RBI.

But all hope is not lost, Mets fans. The incredible training staff (that is sarcasm) might have found out why Cespedes has been experiencing so many issues

with his hamstrings.

He's not drinking enough water.

Let that sink in for a few moments.

A professional athlete that probably has his diet dissected by all sorts of analysts and doctors isn't drinking enough of the thing that human beings require to survive.

Obviously, not drinking enough water leaves the body prone to muscle pulls, especially during the summer.

Cespedes' reasoning?

"I didn't like it," he told the New York Times. "But now, they're helping me with Gatorade. At least, that has taste and that way I can drink more water."

Couldn't you just envision manager Terry

Collins approaching Cespedes in a parental sort of fashion, pleading with him to drink water while the star crosses his arms, shakes his head like a child and simply refuses?

Both Cespedes and Mets management have reportedly been proactive in giving Cespedes enough fluids, but it hasn't completely worked. He tweaked his hamstring on the final play of Monday's loss and sat out Tuesday before returning Wednesday.

If only there was a staff of people that took real, necessary precautions needed to help players avoid injuries because it's obvious the Mets don't have that right now.

## CESPEDES' 2017 INJURY WOES

DATE	INJURY	GAMES MISSED
4/20	Hamstring	3
4/27	Hamstring	37
6/12	Heel	3
7/3	Hamstring	1

Mets record without Cespedes: 20-24

# Sanchez shouldn't be in Derby

There are other deserving candidates to represent the American League at the Home Run Derby.



JOE PANTORNO  
@JoePantorno  
joseph.pantorno@metro.us

Logan Morrison of the Tampa Bay Rays made headlines by making his feelings known about this year's Home Run Derby lineup, in particular, the presence of New York Yankees catcher Gary Sanchez.

Morrison currently has 24 home runs in 80 games this season, which is already a career-best for the 29-year-old. It's 11 more than Sanchez's 13, who missed almost a month earlier in the season. But it was the Yankees' young star that got the invite to Miami instead of Morrison, who has a theory or two about why.

"I'm not disappointed," he said. "It's par for the course. I play for the Rays. I get it."

Ah, the big market vs. small market argument. Normally, I'd dispell this Morrison's whole argument, but he isn't wrong.

Sanchez shouldn't be in the Home Run Derby.



Thirteen home runs aren't enough to be in the Home Run Derby. GETTY IMAGES

The competition puts on display the best home run hitters around the league during the first half of the season. This season.

Morrison is tied for third in the American League home run race with participant Mike Moustakas. That's one behind George Springer, who does not want to compete, and four behind the more-than-deserving Aaron Judge, Sanchez's teammate.

Sanchez is in a tie for 38th in the AL with Brian Dozier.

Of course, my "hot

take" has probably made plenty of Yankees fans foam at the mouth, and they have every right to defend their catcher.

When he's been able to stay on the field, Sanchez has been an incredible power hitter. In his 104 games over the past two years, he's put up 33 dingers, including 20 in 53 games during the 2016 season. That's a 162-game pace of 51 home runs.

That's incredible and has been used by countless Sanchez supporters to justify his place in the Home Run Derby.

But to play devil's advocate, Morrison has belted 28 home runs in his last 100 games and is on a 45-home run, 162-game pace. That's not too shabby, either.

Once again though, it should only be about this season.

Morrison has the better numbers, therefore, he should be in it.

On top of that, Morrison has averaged one home run in every 11.3 at bats in 2017. Sanchez has averaged one in every 15.1 at bats.

At the end of the day though, it comes down to the ratings.

Another Yankee like Sanchez will ensure added interest from the country's largest market. A Ray like Morrison wouldn't.

I'm probably in the minority here, but I wouldn't mind seeing a pseudo-journeyman like Morrison or even Eric Thames — who might just be having flash-in-the-pan first halves of a season, but are deserving All-Stars nonetheless — go up against the game's biggest names just for one night. It adds an underdog storyline to All-Star weekend.

That could create plenty of interest in itself regardless of what kind of market a team plays in.

## HIV RESEARCH STUDY

We understand HIV can be a roller coaster and it is difficult to stay on HIV medications and go to medical appointments. The Heart to Heart 2 Program addresses these issues **without judgment or pressure**. We get it.

We are looking for people who are struggling with HIV medications and HIV care for a research project conducted by the NYU Meyers College of Nursing.

You must be between the ages of 18 – 65 years old, living with HIV, living in the NYC metropolitan area, and African American/ Black or Latino/Hispanic to participate.

Contact us at **646-580-2725** for more information and to see if you qualify for the study. Compensation is provided and your participation is confidential.

Approved by the NYU School of Medicine IRB #s15-01480 PI: Marya Gwadz, PhD

Are you worried about your own memory or the memory of a loved one? Is there a history of Dementia or Alzheimer's Disease in your family?



This is a research study for individuals **age 55-95** with memory complaints to see if one's sense of smell can predict response to memory treatment.

If eligible, participants receive:

- ◆ Medical evaluation
- ◆ 1 year of treatment for memory deficits
- ◆ Memory/cognitive performance monitoring by experts
- ◆ Sense of smell testing
- ◆ Monetary compensation

If interested, please call  
**(646) 774-7204 or (646) 774-7202**

The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by a research grant from the National Institute of Health.



**COLUMBIA UNIVERSITY  
MEDICAL CENTER**  
Discover. Educate. Care. Lead.

## MEDICAL RESEARCH

To advertise, call Peter Blankenstein at 212-457-7751 or email peter.blankenstein@metro.us



### Child/Adolescent ADHD

Research Study for Children and Teens with ADHD  
Does your child or teen struggle with symptoms of inattention, hyperactivity, or impulsivity?

Researchers at New York State Psychiatric Institute are looking for children and teens with Attention Deficit/Hyperactivity Disorder (ADHD) to participate in a study using MRI technology to examine how an FDA-approved medication affects brain structure and function in ADHD. Participation involves psychological evaluations, magnetic resonance imaging (MRI), and 6 or 12 weeks of medication and/or behavioral therapy. All parts of the study are free, and you and your child will be compensated for your time.

To learn more, please call **646-774-5863** or e-mail **ADHDMRI@nyspi.columbia.edu**

### Child/Adolescent HC

Researchers at New York State Psychiatric Institute are looking for HEALTHY kids and teens (6 to 18 years old) to volunteer for research studies using magnetic resonance imaging (MRI) to learn more about the brain and mental health.

There is a free screening evaluation to see if your child is a good match for our MRI research. If so, your child can join a research study and receive up to \$150 as a thank you for his/her help.

To learn more, please contact Dr. Posner's study team at **646-774-5703** or email **ADHDMRI@nyspi.columbia.edu**

# Acne?



If you or a loved one is struggling with acne, we may have a research study for you. Participants must be 9 years and up, and if

# MEDICAL RESEARCH

**Are you or a loved one suffering from Alzheimer's disease?**

Free Treatment for individuals ages 55-95 with Alzheimer's disease who have symptoms of Agitation or Aggression



In this research study, eligible participants will receive free:  
Medical evaluation

Monitoring of memory and other intellectual functions  
12 weeks of study treatment with subsequent follow up

*A caregiver needs to be involved during the research study period*

If interested, please call (646) 774-8668

The study is conducted at New York State Psychiatric Institute/Columbia University Medical Center and is funded by the National Institute of Health.

COLUMBIA UNIVERSITY MEDICAL CENTER  
Discover. Educate. Care. Heal.

**NEW OWNER BODYWORK**  
*Grand opening*  
**\$15 off**  
til 7/31/17  
New girls Latino and Russian  
309E 9th St., Bet 1st and 2nd Avenue  
Manhattan  
Open 7 Days • 11am to 8pm - 21 hours  
**TEL: 646 918 6116 & 646 918 6107**

## SPA & MASSAGE

To advertise with Metro, email peter.blankenstein@metro.us



## LEGAL SERVICES

To advertise, call Sandra Restrepo at 212-457-7753 or email sandra.restrepo@metro.us

**Kulik Law Firm, P.C.  
212.385.4004**

### IMMIGRATION

- Political Asylum • Litigation
- Family Reunification
- Appeals • Deportation

Defense • Visas A to Z  
305 Broadway, Suite 300  
New York, NY10007

English Español Français 中文 русский

## BANKRUPTCY ATTORNEY

Bankruptcy Only • Specializing in Chapter 7 • Low Fee  
One Fee for All • Installments

Personal Attention • Free Consultation

**Jay Simon • 718.222.4619**  
32 Court Street, Suite 805, Brooklyn

*Fresh Start with Heart*

To advertise, call Peter Blankenstein  
at 212-457-7751 or  
email peter.blankenstein@metro.us

## Have you recently been diagnosed with Obstructive Sleep Apnea?

You may be eligible to participate in a research study!

Where: Columbia University Medical Center

Who: If you...

- are between 18 - 65 years of age
- have a body mass index > 25 kg/m<sup>2</sup>
- were recently diagnosed with Obstructive Sleep Apnea
- planning to use continuous positive airway pressure (CPAP)

Duration:

- 9 weeks
- 2 periods of 1 day spent in the laboratory

You will be asked to use a CPAP machine at home, each night for 8 weeks. We will measure your sleep, physical activity, and food intake before and after treatment.

Your participation will help us better understand the impact of sleep and CPAP treatment on body weight control.

You will receive compensation up to \$500.

Please email [as4874@columbia.edu](mailto:as4874@columbia.edu) or call 212-342-4487 for more information.



## BODY WORK

Latino Russian Asian

50th St. W • 212-956-7976  
11am to 8pm (21hrs)  
28th St. E Lexington Ave  
**646-682-7032**  
11am to 8pm (21hrs)



15th St. W  
**212-727-7458**  
11am to 9:30pm  
48th St. W • 212-247-8899  
11am to 8am (21hrs)  
89th St. E • 212-369-4345  
12-10:30pm

## JOBS

### General Help Wanted

## HOME HELPER WANTED

**HHA FOR GREATER PAY!**  
Without HHA? You can still help elderly friends & family members for great pay!

**646-799-6062**

**646-660-0530 | 646-832-7647**

or visit us at: 110 West 34th St.  
Suite 1207 Manhattan, M-F, 10-5

### Security Guards Wanted

Hart & Bronx, All shifts  
NY-Guard Security  
1370 Saint Nicholas Ave.  
Northern Manhattan  
1 Train to 181st Street

### Volunteers Needed

Joyce D. Shears running for City Council. Postponing in Brooklyn. Ask family & friends for petition signature. #347-410-7480

**metro CLASSIFIEDS**  
To place an ad call 866-900-9473

## ITEMS WANTED

**Absolute Yes! SAME DAY**

**!CASH PAID!**

\$45 AcuChek 100/Smartview100

888-415-0796 instant!

for Diabetic Test Strips

224 w 116 st, M-F, 2-4 p

or mail in B,C,2,3 trains

## PSYCHICS

**SERIGNE**

Spiritual Healer & Coach

Bring back loved one, stopped infidelity in Relationship, marriage, fixed Domestic, issues, job, success in business, court case, removed bad luck, witchcraft, black magic. Stop enemy & offer protection. Destroy spells, obia, Hexes and curses. Results in 7 Day!

**917-679-1518**  
**OR 917-535-8612**  
SpiritualRestore.com

**metro CLASSIFIEDS**

To place an ad call 866-900-9473  
or visit us at [www.metro.us](http://www.metro.us)

## CAREER TRAINING

### Access Careers, Brooklyn Training & Job Placement Assistance



* Home Health Aide (HHA) ... \$ 450
* Nurse Aide (CNA) ..... \$ 800
* Patient Care Tech. .... \$ 950
* EKG & Phlebotomy ..... \$ 950
* Physical Therapy Aide... \$ 800
* Medical Billing & Coding... \$ 950
* Medical Assistant..... \$ 2750
* CPR (BLS) ..... \$90

**Call Now: 866-487-5432**

[www.AccessCareers.Eda](http://www.AccessCareers.Eda)

25 Elm Place, # 201, Brooklyn, NY 11201

\* Licensed by NYSED

\* Easy weekly Payment Plan

\* Onsite State & National Examination

\* Fast Track Morning, Evening & Weekend Classes

## JOBS

We Train & Place!  
**Call: 718-263-0750**

PCT • HHA • CNA  
MED Billing/Coding  
M.A • Pharmacy Tech  
EKG/Phlebotomy Tech

Fashion Designing  
Media concepts:  
Audio • Video  
Solar Tech  
SAP

FREE TRAINING IF QUALIFIED  
STUDENTS VISAS @ LOW COST

On Queens Blvd Next to E/F Train Q10 Bus 8002 Kew Gardens Rd, Kew Gardens, NY  
[WWW.ACCESSQUEENS.COM](http://WWW.ACCESSQUEENS.COM)

## PEST CONTROL SCHOOL & SERVICES

6/9 DAYS/N.Y. STATE APPROVED, CERTIFICATION & RECERTIFICATION IN BED BUGS, TERMITES, STRUCTURAL, FOOD PROCESSING & LANDSCAPING

**BEDBUG SPECIALISTS JOB ASSISTANCE/BUSINESS**

**1(800) 220-5494 or (718) 205-0557**

[pestcontrolschoolny.com](http://pestcontrolschoolny.com) | [pestmanagementsciences@yahoo.com](mailto:pestmanagementsciences@yahoo.com)

Call or Text #917.653.0319

## HHA/CNA Training NYSED

Slow learner? Long time out of school? Job Placement Assistance \$14.09/per hr

All benefits included  
**Call #718.349.8003**

## metro CLASSIFIEDS

To place an ad call 866-900-9473

**IMPORTANT INFORMATION:**  
All classified advertising is subject to the terms and conditions of the applicable Metro Classified rate card and to approval and acceptance at Metro U.S. option. Metro U.S. reserves the right to edit, reject, cancel or redact any ad, and reserves the right to convert any classified advertising to alternative formats for use and publication in other Metro U.S. publications. It is the advertiser's sole responsibility to check each ad the first day it is published. Metro U.S. assumes no responsibility for any reason, for any error or omission in any ad.

**metro CLASSIFIEDS**

To place an ad call 866-900-9473  
or visit us at [www.metro.us](http://www.metro.us)

## PSYCHICS

**WORLD FAMOUS INDIAN PALMIST & SPIRITUALIST**

**PANDITH : SURYA KRISHNA**

**MEET ONCE 100% EXPERT PANDITH**

EXPERT IN REMOVING PROBLEM LIKE  
Health, Depression & Blockage  
Enemy Problems, Jealousy, Sexual Problems,  
Business Problems, Money Problem,  
Childless Couples  
Worried About Loved Ones

He Can Handle, Remove & Destroy Black Magic,  
Voodoo, Obey, Witchcraft, Demonic Forces, Evil,  
Bad Luck & All Negativity And Gives Protection

**ALL NATIONALITIES ARE WELCOME !**

**"LIFE IS TOO SHORT"**      **DON'T SUFFER!**

**929-398-4501**  
109-08, LIBERTY AVE, S. RICHMOND Hill, NY 11419 (Private House) Office

**PROFESSOR ABU SALAM**

POWERFUL & MYSTICAL AFRICAN HEALER & SPIRITUALIST.  
PROFESSOR SALAM 20 YEARS EXP.  
BY ANCESTORS POWERS.

LOVE SPECIALIST: REUNITE LOVERS FAST & EFFECTIVE, SPELL & BLACK MAGIC & JADOO, NEGATIVE ENERGY, LUCK, EXAMS, COURT, SUCCESS, FINANCES, FAMILY PROB. SEXUAL POWER ETC...

72 HOURS RESULTS  
**CALL 917-595-9916**  
**WWW.PSYCHICSALAM.COM**  
MANHATTAN & BROOKLYN

**INDIAN ASTROLOGER, PSYCHIC SPIRITUAL HEALER**

**SIDDHARTH SHAstry**  
REMOVE & DESTROYS  
BLACK MAGIC, EVIL SPIRITS, BAD CURSE  
VOODOO, OBEAH, BAD LUCK  
JEALOUSY, BLOCKAGE & ALL EVILS  
GIVES PROTECTION FOR HOUSE & JOB

**Solves Problems:** Health, Money, Job, Business, Love, Marriage, Depression, Relationship, Family & Children Problem, Enemies, Court Cases, Sexual, Negativity Etc.

**GIVES UNBREAKABLE PROTECTIONS**  
**SPECIALIZED IN BRINGING LOVED ONES BACK**

**100 % GUARANTEED RESULTS**      **FREE READINGS ON MONDAYS & SATURDAYS**  
**718-200-4243**  
31 Millauay St, Brooklyn, NY 11201 (Bet. Jay St & Lawrence St.)  
Astrology / Numerology / Palmistry / Vastu / Horoscope Specialist

**GENUINE SPIRITUAL HEALER**

Clairvoyant • Medium • Astrologer.  
Specialize in Relationships, If your loved one. Husband or wife Walks out on you. I can help bring him back immediately with the most powerful spell. Business • Court Case • Success • Exams Sexual Prob. • Marriage & Remove Evil Spell Black Magic • Bad Luck • Jadoo Voodoo & Stop Enemy • Etc...  
Seek help from  
**Mr MAROOF**  
YOU WILL GET RESULT IN 72 HOURS  
100% GUARANTEED  
**CALL 646 891 7809**

**MR. HABIB SPIRITUALIST**

Specialist in love, relationships, family problems, business, exams, career, jobs, Court case, bad luck, black magic, protection and more...Very Rapid Results  
**Located in Brooklyn**  
**Call now**  
**646-361-6440 or 646-764-6939**  
24 Hours Results  
100% Guaranteed



**SRI HANUMAN JYOTISH MANDIR**  
Psychic & Astrologer  
**Pandit: Swamy**  
KNOW YOUR PAST, PRESENT AND FUTURE

**VEDIC SOLUTIONS ARE AVAILABLE FOR**  
Health Education  
Family Job  
Marriage Divorce  
Love Children  
Business Promotion  
Court Cases Visa Problem  
Husband Wife relationship  
Lucky Numbers etc.

**ALL RELIGIONS WELCOME**  
He can perform Devi upasana Lakshmi Pooja Shanthi Pooja (Prayers) and all so protection from enemies and jealousy

**PRIVATE & CONFIDENTIAL**  
Removes Black Magic in 3 Days & Gives 100% Protection

**929-256-7026**  
215E Fordham Rd., Bronx, NY 10458

**SPIRITUAL HEALER ANNA**  
Finally there is a born gifted healer you can trust...  
She has over 40 yrs exp. She will know the causes of your problems without asking any questions & knows how to solve them, reveal names of enemies, reunite lovers, stops divorce, cure sickness, help childless couples, bring success to business, jobs, exams, etc.  
*If Anna cannot help you no one can! She is superior to all others.*  
*She is one of the only certified Spiritual healers.*  
**Reading by Phone First Reading Free**

**MARRIED COUPLE**  
Someone had wished I wouldn't marry the man I love... Thanks to Anna we are now happily married!

**FAMILY**  
We have been married for six years and had no children. Thanks to Anna we now have two healthy kids.

**HUSBAND & WIFE**  
Our business was failing, we had no hope until my husband called Anna for help. A few days later we started to see amazing results!

**347-368-2424**

**INDIAN ASTROLOGER & PSYCHIC**

**PANDIT : SRI HARI JI**  
Expert In Removing Black Magic, Voodoo, Witch Craft,  
**YOUR ARE DISAPPOINT WITH ANY ASTROLOGER MEET HIM ONCE SEE THE DIFFERENCES**

**SPECIALIZED IN: BRINGING LOVED ONES BACK**

**TEL : 347-707-6793**  
120-14, Liberty Ave, S. Richmond Hill, NY 11419  
(Inside Kiddy House Inc.)  
TIMES 9:30 AM to 5:00 PM

**Mr. SAIDOU**

International Spiritualist Medium & Psychic Over 40 yrs exp. Bring back loved ones in the Quickest Way, Stop Infidelity, Business Success, Exams & Career, Black Magic Specialist, Clear Negativity, Bad Luck, Protection, Sexual Problems etc. Results in 7 Days Guaranteed.

**Call 516-206-8543 and 646-339-9948**  
**www.spiritualsaidou.com**  
132nd Street, 7th Ave., Manhattan, NY

**MOST POWERFUL AFRICAN PSYCHIC**

**Mr. KALLO**  
**LOVE GURU**  
**LOVE EXPERT**  
**I BRING BACK LOVED ONES**  
**ONE VISIT & YOU WILL SEE RESULTS.**  
**I NEVER LOOSE ANY CASE**

I can Help you in Problems: Marriage, Court case, Business, Depression, Bond Families, Stop Divorce, Stress Removal, Bad Luck, Evil eyes, Jadoo & Negative Energy  
**NO MORE PAIN, NO MORE DISSAPPOINTMENT, MEET LOVE MASTER TODAY & GET SOLUTIONS**

**347-271-3493, 917-946-4662**

**TRUSTED PSYCHIC, HEALER AND VEDIC ASTROLOGER**  
**MOST POWERFUL SPIRITUALIST**

**PANDIT GOUTHAM**  
**100% QUICK RESULT**

**over THOUSAND OF SATISFIED CUSTOMERS**

**Services of Guru Ji :-** Your privacy is our promise  
Black Magic, Evil Spirits, Voodoo, Badcurse, Witch Craft, Obeah, Jealousy, Sexual Problems, Court Cases, Depression, Children, Health, Money, Enemies & All Evils  
**ARE YOU IN TROUBLE ? DON'T GIVE UP-DON'T LOOSE HOPE**

**SPECIALIZED IN BRINGING LOVED ONES BACK**

**929-451-8393**  
1306-Fulton Street, Brooklyn, NY-11216  
(Pvt. Home & Office)

**metro CLASSIFIEDS**  
To place an ad call 866-900-9473  
or visit us at [www.metro.us](http://www.metro.us)

## LEGAL NOTICES

**NOTICE OF SALE**

Supreme Court County of Queens  
Wells Fargo Bank, N.A., Plaintiff  
AGAINST Dileysi D. Rodriguez  
a/k/a Dileysi Rodriguez, et al,  
Defendant. Pursuant to a  
Judgment of Foreclosure and  
Sale duly dated 5/31/2017 and  
entered on 6/12/2017, I, the  
undersigned Referee, will sell  
at public auction at the Queens  
County Courthouse, 88-11  
Sutphin Blvd., Courtroom 25,  
Jamaica, NY on August 04, 2017  
at 10:00 AM premises known  
as 143-41 84th Drive, Unit 1B,  
Briarwood, NY 11435. All that  
certain plot piece or parcel of  
land, with the buildings and  
improvements erected, situate,  
lying and being in the Borough  
and County of Queens, City and  
State of New York, BLOCK: 9736,  
LOT: 1002. Approximate amount  
of judgment is \$685,544.80  
plus interests and costs.  
Premises will be sold subject  
to provisions of filed Judgment  
Index # 701243/2013  
Gerald Chiariello II, Referee  
FRENKEL LAMBERT  
WEISS WEISMAN & GORDON LLP  
53 Gibson Street  
Bay Shore, NY 11706

**SUPREME COURT  
COUNTY OF QUEENS**

HSBC BANK USA, N.A., Plaintiff  
Against DEODATT DEOSARRAN,  
HEMCHANDRA DEOSARRAN,  
et al Defendant(s).  
Pursuant to a Judgment of Foreclosure  
and Sale entered on December 23,  
2016, I, the undersigned Referee will  
sell at public auction at the Queens  
County Supreme Courthouse,  
88-11 Sutphin Boulevard, Court  
Room # 25, Jamaica, N.Y. on  
the 4th day of August, 2017 at  
10:00 a.m. premises described as  
follows: All that certain plot, piece  
or parcel of land, situate, lying and  
being in the fourth ward, of the  
Borough and County of Queens,  
City and State of New York. Said  
premises known as 101-52 133rd  
Street, South Richmond Hill, N.Y.  
11419 a/k/a 101-52 133rd Street,  
Jamaica, NY 11419.  
(Block: 9500, Lot: 28)  
Approximate amount of lien  
\$ 582,839.85 plus interest and costs.  
Premises will be sold subject to  
provisions of filed Judgment and  
terms of sale.  
Index No. 25668-10.  
Thomas R. Purcell, Esq.,  
Referee.  
Fein, Such & Crane, LLP  
Attorneys for Plaintiff  
28 East Main Street, Suite 1800  
Rochester, NY 14614  
(585) 232-7400

**NOTICE OF SALE**

SUPREME COURT:  
QUEENS COUNTY

FEDERAL NATIONAL  
MORTGAGE ASSOCIATION  
("FANNIE MAE"), A CORPORATION  
ORGANIZED AND EXISTING UNDER

THE LAWS OF THE UNITED  
STATES OF AMERICA;  
Plaintiff(s) vs. JANE MARTIN-ALLEYNE

AS NEXT OF KIN AND HEIR AT  
LAW TO REGINALD MARTIN;  
et al; Defendant(s)

Attorney(s) for Plaintiff(s):  
ROSIICKI, ROSICKI & ASSOCIATES, P.C.,

2 Summit Court, Suite 301,  
Fishkill, New York, 12524,  
845.897.1600

Pursuant to judgment of foreclosure  
and sale granted herein on or about  
February 8, 2017, I will sell at Public  
Auction to the highest bidder at the  
QUEENS COUNT SUPREME COURT,

located at 88-11 SUTPHIN  
BOULEVARD, JAMAICA, NEW YORK,  
IN COURTROOM # 25.

On July 14, 2017 at 10:00 am.  
Premises known as 104-49  
165TH STREET, JAMAICA, NY 11433  
Block: 10164 Lot: 0021

All that certain plot, piece or parcel  
of land, with the buildings and  
improvements thereon erected,  
situate, lying and being in the Borough  
and County of Queens, City and State  
of New York, bounded and described as:

BEGINNING at a point on the easterly side of  
118th Street, distant 50 feet southerly from  
the corner formed by the intersection of the  
southerly side of 89th Avenue, formerly  
Ridgewood Avenue and therefore, Stewart  
Avenue, with the said easterly side of 118th  
Street; being a plot 92 feet by 50 feet by  
92 feet by 50 feet. Block: 9345 Lot: 50.  
Said premises known as 89-07

118th STREET, RICHMOND HILL, NY.  
Approximate amount of lien \$13,768.43  
plus interest & costs. Premises will be sold  
subject to provisions of filed Judgment and  
Terms of Sale Index Number 18482/2014

DAVID S. DIKMAN, ESQ.,  
Referee

Seyfarth Shaw LLP  
Attorney(s) for Plaintiffs

620 Eighth Avenue, New York, NY 10018

**NOTICE IS HEREBY GIVEN**  
that a license, Number TBD, for  
Liquor has been applied for by the  
undersigned to sell Beer, Wine &  
Liquor at retail in a Restaurant  
under the Alcoholic Beverage  
Control Law at 2166 Nostrand  
Ave., Brooklyn, NY 11210, for on  
premises consumption. Chipotle  
Mexican Grill of Colorado, LLC.

INDEX NO. 705718/2014  
Stephen Hans, Esq., Referee

**NOTICE OF SALE**

Supreme Court  
County of Queens  
Wells Fargo Bank, N.A., Plaintiff  
Against DEODATT DEOSARRAN,  
HEMCHANDRA DEOSARRAN,  
et al Defendant(s).  
Pursuant to a Judgment of Foreclosure  
and Sale entered on December 23,  
2016, I, the undersigned Referee will  
sell at public auction at the Queens  
County Supreme Courthouse,  
88-11 Sutphin Boulevard, Court  
Room # 25, Jamaica, N.Y. on  
the 4th day of August, 2017 at  
10:00 a.m. premises described as  
follows: All that certain plot, piece  
or parcel of land, situate, lying and  
being in the fourth ward, of the  
Borough and County of Queens,  
City and State of New York. Said  
premises known as 101-52 133rd  
Street, South Richmond Hill, N.Y.  
11419 a/k/a 101-52 133rd Street,  
Jamaica, NY 11419.  
(Block: 9500, Lot: 28)  
Approximate amount of lien  
\$ 582,839.85 plus interest and costs.  
Premises will be sold subject to  
provisions of filed Judgment and  
terms of sale.  
Index No. 25668-10.  
Thomas R. Purcell, Esq.,  
Referee.  
Fein, Such & Crane, LLP  
Attorneys for Plaintiff  
28 East Main Street, Suite 1800  
Rochester, NY 14614  
(585) 232-7400

**NOTICE OF SALE**

SUPREME COURT  
COUNTY OF QUEENS  
U.S. Bank, N.A., as Trustee,  
on behalf of the J.P. Morgan  
Mortgage Acquisition Corp.  
2006-FRE2 Asset Backed  
Pass-Through Certificates, Series  
2006-FRE2, Plaintiff  
AGAINST Silvestre Lizardo;  
Maria Mejia et al, Defendant(s).  
Pursuant to a Judgment of  
Foreclosure and Sale duly  
dated December 9, 2016 I, the  
undersigned Referee will sell at  
public auction at the Queens County  
Supreme Courthouse, Courtroom  
#25, 88-11 Sutphin Boulevard, Jamaica,  
New York on August 4, 2017 at  
10:00AM, premises known as  
133-32 86th Street, Ozone Park, NY  
11417. All that certain plot piece or  
parcel of land, with the buildings  
and improvements erected, situate,  
lying and being in the Borough and  
County of Queens, City and State of  
NY, Block 11365 Lot 18. Approximate  
amount of judgment \$531,392.27  
plus interest and costs. Premises  
will be sold subject to provisions  
of filed Judgment  
Index# 709663/2014.  
Donna Furey, Esq., Referee  
Shapiro, DiCaro & Barak, LLC  
Attorney(s) for the Plaintiff  
175 Mile Crossing Boulevard  
Rochester, New York 14624  
(877) 759-1835  
Dated: June 19, 2017 46875

**NOTICE IS HEREBY GIVEN**  
that a license, Serial # 1303550,  
for Wine & Beer has been applied  
for by the undersigned to sell  
Wine & Beer at retail under the  
Alcoholic Beverage Control Law  
at 00 Broadway Plaza., New York,  
NY 11236, New York County,  
for on premise consumption.  
Federicos Restaurant Inc.

**metro CLASSIFIEDS**  
To place an ad call 866-900-9473  
or visit us at www.metro.us

**NOTICE OF SALE**

Supreme Court County of Queens  
Bank of America, N.A., Plaintiff  
Against Denise Salters Wilson,  
et al, Defendant. Pursuant to a  
Judgment of Foreclosure and  
Sale duly dated 5/31/2017 and  
entered on 6/14/2017, I, the  
undersigned Referee, will sell at  
public auction at the Queens  
County Courthouse, 88-11  
Sutphin Blvd., Courtroom 25,  
Jamaica, NY on August 04, 2017  
at 10:00 AM premises known  
as 260 Beach 81st Street,  
Unit 4J, Far Rockaway, NY  
11693. All that certain plot  
piece or parcel of land, with the  
buildings and improvements  
erected, situate, lying and being  
in the Borough and County of  
Queens, City and State of New  
York, BLOCK: 16113, LOT: 1159.  
Approximate amount of judgment  
is \$364,711.86 plus interests  
and costs. Premises will be sold  
subject to provisions of filed  
Judgment  
Index# 704263/2014.  
Judah Maltz, Esq., Referee  
Shapiro, DiCaro & Barak, LLC  
Attorney(s) for the Plaintiff  
175 Mile Crossing Boulevard  
Rochester, New York 14624  
(877) 759-1835  
Dated: June 19, 2017  
46874

**NOTICE OF SALE**

SUPREME COURT COUNTY OF QUEENS  
HSBC Bank USA, National Association  
as Trustee for Nomura Asset  
Acceptance Corporation, Mortgage  
Pass-Through Certificates, Series  
2007-1, Plaintiff AGAINST Jorge  
Santiago a/k/a Jorge L. Santiago;  
et al, Defendant(s). Pursuant to a  
Judgment of Foreclosure and Sale  
duly dated May 31, 2017 I, the  
undersigned Referee will sell at  
public auction at the Queens County  
Supreme Courthouse, Courtroom #25,  
88-11 Sutphin Boulevard, Jamaica,  
New York on August 4, 2017 at  
10:00AM, premises known as  
133-32 86th Street, Ozone Park, NY  
11417. All that certain plot piece or  
parcel of land, with the buildings  
and improvements erected, situate,  
lying and being in the Borough and  
County of Queens, City and State of  
NY, Block 11365 Lot 18. Approximate  
amount of judgment \$531,392.27  
plus interest and costs. Premises  
will be sold subject to provisions  
of filed Judgment  
Index# 709663/2014.

Donna Furey, Esq., Referee  
Shapiro, DiCaro & Barak, LLC  
Attorney(s) for the Plaintiff  
175 Mile Crossing Boulevard  
Rochester, New York 14624  
(877) 759-1835  
Dated: June 19, 2017 46875

**NOTICE IS HEREBY GIVEN**  
that a license, Number TBD, for  
Liquor has been applied for by the  
undersigned to sell Beer ,Wine &  
Liquor at retail in a Restaurant  
under the Alcoholic Beverage  
Control Law at 805 Columbus  
Ave., New York, NY 10025, for on  
premises consumption. Chipotle  
Mexican Grill of Colorado, LLC.

**metro CLASSIFIEDS**  
To place an ad call 866-900-9473  
or visit us at www.metro.us

**NOTICE OF SALE**

SUPREME COURT  
COUNTY OF QUEENS  
Nationstar Mortgage LLC,  
Plaintiff AGAINST Arturo Fernando  
Rooke a/k/a Arturo F. Cooke;  
Carlota Cooke; et al.,  
Defendant(s) Pursuant to a  
Judgment of Foreclosure and Sale  
duly dated May 31, 2017 I, the  
undersigned Referee will sell at  
public auction at the Queens County  
Supreme Courthouse, Courtroom  
#25, 88-11 Sutphin Boulevard,  
Jamaica, NY on August 4, 2017  
at 10:00AM, premises known  
as 223-45 113th Avenue, Queens  
Village, NY 11429. All that certain  
plot piece or parcel of land, with the  
buildings and improvements  
erected, situate, lying and being  
in the Borough and County of  
Queens, City and State of NY,  
Section 49 Block 11222 Lot 1.  
Approximate amount of judgment  
\$55,250.04 plus interest and costs.  
Premises will be sold subject to  
provisions of filed Judgment  
Index# 704263/2014.

Judah Maltz, Esq., Referee  
Shapiro, DiCaro & Barak, LLC  
Attorney(s) for the Plaintiff  
175 Mile Crossing Boulevard  
Rochester, New York 14624  
(877) 759-1835  
Dated: June 19, 2017  
46874

**NOTICE OF FORMATION**

of CAIA INTERNATIONAL  
LLC. Articles of Org. filed  
with the Secy. of State  
of New York (SSNY) on  
03/29/2017. Office location:  
New York County. SSNY is  
designated as agent of LLC  
upon whom process against  
it may be served. SSNY shall  
mail process to the LLC c/o  
112 West 56th Street, PH  
North, New York, NY 10019.  
Purpose: Any lawful activity.

**REAL ESTATE**

**100's Available, All Boroughs**  
  
Private Entry Bath Cooking  
1 Person/2 Person \$125wk/up room rentals  
Studios \$900/wk  
**212-210-0094**

**All Manhattan/Bronx**  
  
Furnished Rooms For Rent!  
Cable/Internet Ready! Move  
In Today! All utilities Inc.  
Starting Just \$150/wk.  
Call Us Now:(212)368-2685

**Manhattan & Bronx Rooms**  
  
Private rooms in apt. Fully equipped.  
Start 150 wifi/cable included.  
Move same day! • (212) 862-0030

**JOBS****General Help Wanted**

**Single Needle Machine  
Operator Wanted**  
Eric Javits a High Quality MPG  
seeks a highly skilled Server for  
Jail serving machines. Workshift  
is in UIC one block from JJD and  
Court square. Minimum 5 yrs  
experience required. Please bring  
examples of your work and proof  
of legal status, must understand  
English. Applicants  
apply in person.

Monday - Friday 8:30 - 31:30 pm,  
21-35 shiftwork, Long Island  
City, 11101 or by phone  
718-482-8698 ext 216-Fred or  
217-Human Resources

**metro CLASSIFIEDS**

To place an ad call 866-900-9473  
or visit us at www.metro.us

**IMPORTANT INFORMATION:**  
All classified advertising is subject to the terms and  
conditions of the applicable Metro Classified rate  
card and to approval and acceptance of Metro U.S.  
option. Metro U.S. reserves the right to edit, reject,  
cancel or redistribute an ad, and reserves the right  
to convert any classified advertising to alternative  
formats for use and publication in other Metro U.S.  
publications. It is the advertiser's sole responsibility  
to check each ad the first day it is published. Metro  
U.S. assumes no responsibility for any reason,  
for any error or omission in any ad.

- Across**
- 1 Quart, plus
  - 6 Drop syllables
  - 11 Somber evergreen
  - 14 Unfastened
  - 15 Swimming holes
  - 16 Hagen of "The Other"
  - 17 "The Black Tulip" author
  - 18 Opens a letter
  - 19 T'ai - ch'uan
  - 20 Convoy chaser (hyph.)
  - 22 Wide tie
  - 24 Least possible
  - 28 Ignore
  - 29 Battery terminals
  - 30 Huge-antlered deer
  - 32 Free from blemishes
  - 33 Backbreaking
  - 35 Living qtrs.
  - 39 Prom rental
  - 40 Harry's successor
  - 41 On an even -
  - 42 Etc. relative (2 wds.)
  - 43 Rodeo venue
  - 45 -- Lee cakes
  - 46 Edmonton puckster
  - 48 Rush away
  - 50 Evens up
  - 53 Flour and sugar
  - 54 Obie relatives
  - 55 Sweeping
  - 57 British inc.
  - 58 Barkin or DeGeneres
- Down**
- 1 Advanced deg.
  - 2 Cash substitute
  - 3 Hanks or Brady
  - 4 That, to Pedro
  - 5 Applicant's handout
  - 6 -- salts
  - 7 Ms. Falana
  - 60 Complete range
  - 65 Nibbled on
  - 66 Rodeo noose
  - 67 Draw forth
  - 68 Chicago White --
  - 69 Rome's river
  - 70 Followed a pattern

# metro.us /games

- 8 No future --
- 9 Insect killer
  - 10 Literary pieces
  - 11 Agave
  - 12 Social mores
  - 13 Hangs around
  - 21 Many-branched shrub
  - 23 Talks louder (2 wds.)
  - 24 Kind of sugar
  - 25 Aleut language
  - 26 Shearer of old films
  - 27 Set of beliefs
  - 28 Young male
  - 30 Inventor
  - 31 Pizzeria must
  - 34 Gael republic
  - 36 One of a strand
  - 37 -- Haute
  - 38 Leaves laughing
  - 43 Hirt and Pacino
  - 44 Movie pooh
  - 47 Pay-telephone word
  - 49 Sponges
  - 50 Reference book
  - 51 Jackpot game
  - 52 Book feature
  - 53 Whale finder
  - 55 Talk too much
  - 56 Nerve network
  - 59 XXVI, twice
  - 61 Cato's hello
  - 62 Do yard work
  - 63 Luau instrument
  - 64 Danson or Turner

## metro.us/sudoku

easy

		7		4		6
8	3			9	5	
	6		5			
1		2	8	7		6
	8				5	
7		9	6	5		1
			9		1	
7	9	6	5			1
1	4				8	7
3	2		4			

hard

6	2			9		5
9	7			1	6	4
		2				
2	5		8			7
6						2
7			4	5	6	
			4			
2	6	3			1	5
3	7			2	4	

## metro.us/horoscopes



**Aries** Put a little tender, loving care into your surroundings. If your space is set up to promote greater efficiency, you will excel, both at work and at home.



**Taurus** Be aware of every aspect of a situation before you jump to conclusions or make a snap decision that could get you into an unwanted predicament.



**Gemini** A relationship will become problematic if you don't feel the same way about someone as he or she feels about you. Discuss intentions before you get too involved.



**Cancer** Don't let changes that someone else makes interfere with your plans. Stick to your guns by being true to yourself in order to avoid disappointment.



**Leo** The younger and older people in your life will have an influence on the way you move forward. Innocent comments will make you think and react more wisely.



**Virgo** Don't run away from a pending emotional problem. Face controversy head-on and put an end to any misunderstanding that may be causing trouble. Be honest.

### Yesterday's answers

AILED	BLOC	BILK
PRIOR	YECHE	ROAN
HENNA	TATA	INRE
IND	PREROGATIVE	
DEAFENS	RASCAL	
IIRS	SOIR	
APPLY	PENPOINT	
ROUE	BEARS	ACHE
TEXTILES		SKILL
CALM	LIE	
ASTROS	AGENDAS	
PARENTHESES	AMP	
IVAN	EENY	TAMER
NODE	RAYE	ALONE
GREW	STAT	SENSE

Can't wait until tomorrow to check your answers? Visit metro.us



**Libra** Taking a day trip or making a physical change that will improve your attitude should be on your agenda. Refuse to let anyone push you.



**Scorpio** If someone is putting demands on you, speak up and make it clear what you are — and are not — willing to do. If you let problems linger, the situation will escalate.



**Sagittarius** Take on a physical challenge that will exhilarate you and inspire you to do more and explore options that you would never have considered in the past.



**Capricorn** If you want to make a change to your personal papers or lifestyle, do so in private. The less anyone else knows about your business, the better.



**Aquarius** You can change someone's life if you offer sound advice. Attending a reunion or reconnecting with someone from your past will be constructive.



**Pisces** Concentrate on what you must achieve to maintain the status quo and enhance your chance to get ahead. Listen and take care of business first. **EUGENIA LAST**

### metro

As the world's largest global newspaper, Metro has more than 18 million readers in more than 100 major cities in 23 countries. • Metro New York 120 Broadway, New York, NY 10271 • main 212-457-7790 • to advertise 212-457-7355 • Press release pressrelease@metro.us • sales fax 212-952-1505 • Chief Revenue Officer Ed Abrams, Ed.Abrams@metro.us • U.S. Circulation Director Joseph Lauletta • U.S. Marketing Director Will Maunoury • email sales advertising@metro.us • email distribution distribution@metro.us • Advertisements appearing in Metro are published in good faith. Metro does not endorse and makes no representations about any of the advertising content appearing in its pages. Metro is not responsible for any loss or damages whatsoever resulting from readers using the services of its advertisers. Readers should exercise caution when replying to advertisements, especially those which require any form of payment, and, where necessary, should seek independent legal advice. • Editor in Chief Aleksander Korab, aleksander.korab@metro.us • Site Director Linnea Zielińska, linnea.zielinska@metro.us • Senior Editor Sam Newhouse, Sam.Newhouse@metro.us • Night Editor Jason Nuckles, jason.nuckles@metro.us • Art Director Billy Becerra, Billy.Becerra@metro.us • Sports Editor Matt Burke, matt.burke@metro.us • National Features Editor / Style Editor Tina Chahda, tina.chahda@metro.us • Entertainment / TV Editor Matthew Juul, matthew.juul@metro.us • Film Editor Matt Prigge, matt.prigge@metro.us • Going Out Editor Eva Kis, eva.kis@metro.us • Head of Production Matt Prowell, matt.prowell@metro.us





HUDSON RIVER PARK'S  
PIER 40, NEW YORK

# SEE NEW YORK. DINE DIFFERENTLY.

"We loved everything about our dining experience -  
the scenery, the food, the music, the people.  
We had the time of our life. Thank you so much!"

*Toni C. - New York City Lights Dinner Cruise*

The ultimate venue for your private event.  
Talk to us about a private yacht charter.

**Brunch . Dinner . Holiday . Private Events**

Pier 40 in the West Village

353 West Street

New York, NY 10014



HornblowerNY.com/Metro | 646-490-0606 | FOLLOW US [f](#) [t](#) [g](#) @HornblowerNY

NEW YORK SAN FRANCISCO SACRAMENTO BERKELEY SAN DIEGO NEWPORT BEACH MARINA DEL REY LONG BEACH

*Visit our website for the most up-to-date seasonal cruise schedules. Senior, child and military discounts available. Yacht subject to change.*